

RADICAL TRANSFORMATIONS

THE FOUR LECTURES

DETERMINATION - ENVIRONMENT - PERSPECTIVE - AWARENESS

RA URU HU



RA URU HU'S RADICAL TRANSFORMATIONS CLINICS



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Cover/Mau Cattaneo

Transcribed/Paddy Dreffin Balentine

Layout/Becky Markley

Proofed/Eileen Smith

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DETERMINATION

Nice to see you; nice, particularly those of you that came here, I think that's great. It's a nice place to spend a weekend in Ibiza. And maybe by the time we get through, there will be some sunshine for you at the end of the day, which would be nice. It's always an irony for me, I do things for people in Ibiza; never mind, I'm glad you're all here.

Radical Transformation, one of the things that I'm entering into in my career is going back to working with people personally in their auras, something I haven't done for a very long time. What I've begun to see about the work that I've been doing in Radical Transformation, trying to get people to understand that there is a radical approach to this knowledge, that for those who are really interested in supposedly what the spiritual path is all about, if you really want to align yourself to what's correct, it is quite a thing to step into.

Working in a Wa

I think that when you only get that abstractly, I think when you only get that virtually, or you learn about it, it's not really quite the same thing. Just having come from Toronto where we had our annual event, it's always remarkable to me what happens when you bring people together in an aura. We happen to be in a Wa in this particular configuration. It means that all of us in very specific ways are taking advantage of everybody else's potential, which is one of the most interesting things about complex auras. It means that the kinds of things that I will talk about over these two days and the kinds of things that I will work with, with you, that the impact in one of you is an impact that will be in everyone.

Shattering Barriers

Basically these kinds of gatherings are really about trying to shatter something. Everybody's got things that have to be shattered. It doesn't matter whether you've been in this a long time or you just arrived. Everybody has stuff that's waiting to be shattered. The more intelligent you are, which is always a problem in Human Design, the easier it is to rationalize and protect and defend those very barriers that need to be shattered.



So, this kind of experience is about—I'm sick and tired of people on the spiritual path who don't take their life seriously. And I don't mean seriously without humor. I mean that they don't take the process seriously. They're waiting for some kind of miracle to happen. Most people that I know that I've met over all the years are always waiting for a miracle. This is the thing that they're counting on. It's the cosmic lottery ticket. They're all saying "Okay I'm a good person. I'm waiting for the cosmic lottery ticket. Let them show up. I deserve this."

This is about You

I'm a profound atheist. I am not somebody who assumes for a moment that there is going to be divine intervention that's going to take place if you want to make a correction in your life. It's about you. And it's only about you. It isn't about anybody else. And this is also one of the dilemmas. So many people that I've met in this process try to become something because they want to make an impression on somebody else. They want to show somebody else, they want to prove something. It becomes a some kind of an ego maneuver, all of this stuff.

This is not for anybody else. It's only for you. As a matter of fact, if you really get to the place in this process where you really can fulfill your potential, it will never matter about anybody else, because it's not what it's about. It's only about you. It's only you who can make this happen. It's only you who can take that journey. And the joke, because I do love jokes, is that there is no choice. When you put those two things together, you get a bizarre irony.

Awareness is Seeing What's Going On

The reality is that you're either on a path that is going to take you to that place or not. You cannot force yourself to do any of the things that I'm going to describe this weekend. You cannot make that happen. It will not happen. Anymore than you can make enlightenment happen. It doesn't happen that way. It has to happen. One of the most beautiful things about awareness is that awareness is not about trying to figure out what's going on. It's about watching what's going on. It's about seeing what's going. And it's about in that recognition recognizing that you are moving in a direction that's correct for you.

It Starts with Strategy and Authority

Everything about Human Design starts with the basic thing. Anything that I will discuss with you this weekend has no value if you're not living your Strategy and Authority. It doesn't. It just becomes intellectual crap, other stuff that you can just turn around and doesn't really make any difference in your life, because everything



about mechanism begins with the core of this. And the core of this is that you have to operate correctly in terms of your design.

It doesn't matter what you are. In this environment, here we have actually a disproportionate number of Manifestors. We have two Manifestor women and me. We have two Manifesting Generators, a couple of two or three pure Generators, a couple of Projectors, no Reflectors in this particular group. But each and every one of us has a basic mechanism in terms of the way we're here to operate correctly.

If you live that mechanism everything else becomes natural for you, because in fact, the thing that's so simple in a way to grasp about us is that because we move—everything is movement—the way we navigate on this plane, the way we go from this to that and the next thing, all of this is decision-making. If you're making decisions with your mind, you're never going to get to that place where you have no idea that you could get there.

That's the thing that I find so interesting. Most human beings who fantasize about their spiritual potential have no idea what that looks like because they don't know who they are. And it has nothing to do with halos and all that stuff. The great tragedy for me is that human beings truly don't know who they are, so they cannot project out there what they think they should be or can be.

If you're living what you are, instead of projecting what you think you should be or what you should get, you get to see what's there. And you get to see that the gifts that are inherent in you—and we're going to look at those gifts—that the gifts that are inherent in you are designed to deal with precisely what your movement is supposed to be, and not the other way around.

Dietary regimen is not going to do anything for you if you can't operate according to your Strategy and Authority. It won't, because the very decision to do it—I can say to you eat correctly according to your design, if your inner authority goes “uh-uh” then don't do it. It's not about me saying you have to do this. It's not true. This is not what this is about. It's not about being sheep, it's not about following orders. It's not about having any generalization because we're all unique. And the way in which you approach anything has to be correct for you, regardless of who is putting up whatever in front of you.

Liberation from the Power of Mind to Distort Our Lives

The reality is that all of us were born conditioned; all of us. All of us, at some point in our process, have entered into a deconditioning process. But in fact, we are never going to be able to fulfill the potential of this vehicle the way a child is that is born that operates correctly and is raised correctly from the moment it comes into the world. We've got tons of baggage, all kinds of conditioned baggage that we carry inside of us.



It is not an easy thing for a human being mentally to clean out the closets. Human beings carry that crap around forever. It's one of the things you get to see in a design. We have three awareness centers, so-called, and the mind is the cruelest because its frequency is all time. You make a mistake today and 40 years from now, if you're lucky enough to be alive, you're still going to be going "ah, shit, I could have, I might have, they could have, they should have," carrying all that stuff as if your mind was responsible in the first place.

This is the great seduction of mind. Mind says "I'm certain. I've got the answer. I'm certain, so let's go do it." And it's a disaster, because that's what your mind is not for. And it's not there to torment you either. The whole thing about Strategy and Authority that people don't grasp is that this is the most incredible thing that's ever happened to us because it liberates us from the power of mind to distort our lives. And it's decision-making, because your mind will always mess you up. Everybody's mind; you don't want to be inside of Krishnamurti's mind, it was a horrible place. Any of these so-called gurus, masters, enlightened this and that, their minds were constantly swirling around in their own crap because that's what mind does.

Something to really grasp, Strategy and Authority frees you from your mind fooling you that it knows what's good for you. It does not. It's only when you enter onto that path that anything can change for you. It's not up to your mind to decide whether it's right for you to eat this way or that way, because no matter who you are I can make it sound good. Your mind can easily say okay, I'll believe that. Then you don't have any authority and you don't have any truth of your own.

This is Not Something You *Have* to Do

So, the thing to recognize about all of these things, this is not a commandment. This is not something that you have to do. This is a doorway that opens up that says, "Here's a possibility." Is it correct for you now? And if not now when? And it may never be for you; understand that. Not everybody is going to be able to differentiate on this plane who started off conditioned. The vast majority of people that meet Human Design and experiment with Strategy and Authority what they discover is it's easier.

It doesn't mean that they're enlightened, awake. It means that they're coming close to actually being the kind of person they're supposed to be, making decisions that are correct for them. But, it doesn't mean they're transforming their entire process. It doesn't mean that they're getting to live out what's inherent in everybody's design, an incarnation cross, a profile, a design, a purpose on this plane, a role to play, a movie to act out in, a storyline to live. And each of it being deeply, deeply unique; it's the beauty of this.

The beauty of this is understanding that each and every one of us are not limited by the way in which the conditioned not-self world has created all these different ways to structure what we're supposed to be and can be. There are no rules. There are



no generalizations. There is only the possibility that's there in each human being to fulfill their process.

Passenger Consciousness

In doing that, everybody thinks there's some kind of big reward in that. I can tell you there isn't. Stupid before enlightenment, stupid after enlightenment; it's still life. You still have to eat and work. You still have to deal with human beings. You still have to deal with what life is. But it's not the same. It's not the same because you are not connected to it in the same way, that you're a passenger. It's what we are here for, is the perfection of our process. We're here as passenger consciousness. We're here to watch the perfection of these forms on this plane. That's the magic that's there for us.

But the life itself? Life is always mundane. It's what I like about it. You get your fingers dirty. This is life. But it's about who you are in that process. Are you constantly trapped in the whole mental trip of being on this plane? That's where most people are. What to do, what not to do; what to think, what not to think; when to act, when not to act; how to act, all that stuff, on and on, instead of just seeing that this mechanism that you have is designed to exist. You can just sit back and let it be. You can watch it. You can see that it's something really marvelous. That takes courage.

Surrendering the Power of Your Mind to Distort Your Life

In the spiritual world people are always talking about surrender; surrender, surrender, surrender, surrender. Follow your Strategy and Authority. That's surrender. That's actually what it is. And what you're surrendering is you're surrendering the power of your mind to distort your life. You're giving it up. You don't stop it. You can never stop the box. I know. I have one myself; it rattles on and on. That's what minds do. It's what they always do. If I listen to my mind I would not be here today. I don't know where I'd be, but I wouldn't be here. I wouldn't be in my marriage, and I wouldn't have children and God knows what.

Listen to my mind? I remember when I was listening to my mind, what that circus looked like. But it's still my mind. It still operates the way it's always operated. It still has its "this and that." "Oh, there is this and that. Oh, this is better than that." Sure! The whole thing is I don't fall for it anymore. It's been decades. My mind says, "That's better. That's better. Let's do it." I don't do anything. I'm a splenic Manifestor. I wait for my Spleen to do something. If it doesn't do anything, I don't do anything.

I love it when my mind says to me, "You should really call that person." And of course, my mind knows that I'm a Manifestor, so it likes to pick on me. It says, you should really inform them. You should really inform them now." And I sit back there



in my movie and I watch and I noticed something that's really wonderful. My hands don't move. I don't go grabbing for the phone. It's just mind being mind.

And the very next moment, if I had made that phone call and it was a terrible thing to do, absolutely the wrong thing to do, my mind would then say to me, let's do something else now, okay. And you can trust me on this next one. After three million times during a normal life you really shouldn't trust it anymore, because as we do all the time it's our mind going (sound). And you go, oh yeah, right, sure.

Outer Authority

That's what Strategy and Authority is about. Strategy and Authority says, "Mind, do all the measuring you like. Enjoy it." And it's not that it's pointless. I will watch as my mind processes something and then whenever, a day later, a week later, I splenically manifest something. It's a byproduct of the collection of information and all of the things that mind does. Mind is valuable. Your mind is at its best in outer authority, what I'm doing here. This is what we're all here for is to be able to express our outer authority, our unique awareness. It's the whole point.

Transforming Your Life on the Surface

But you can't get to the place where your mind is innocent until you strip it of the illusion that it has the power to dictate what you're supposed to be and what you're supposed to do, because it doesn't have that right. And as long as you're there you can't get anywhere else. One of the things I've talked about for years is that to transform your life you do it on the surface. For the vast majority of human beings, that's where they live, that's where they're stuck, on the surface. They never break through. You can't break through as long as your mind is tormenting you and controlling you. You can't. The mind creates so much psychic pain for human beings that for many of them they can barely function. It's cruel.

And it's only when you get to that point that you can trust in something else—why do you think you hold onto your mind? You think it's the only thing that can help you. You think it's the only thing that can figure out what's good for you. Strategy and Authority is saying there's another place inside of you that is capable of making the decisions that you need to have made in this life that will liberate your mind so that you can begin to see it.

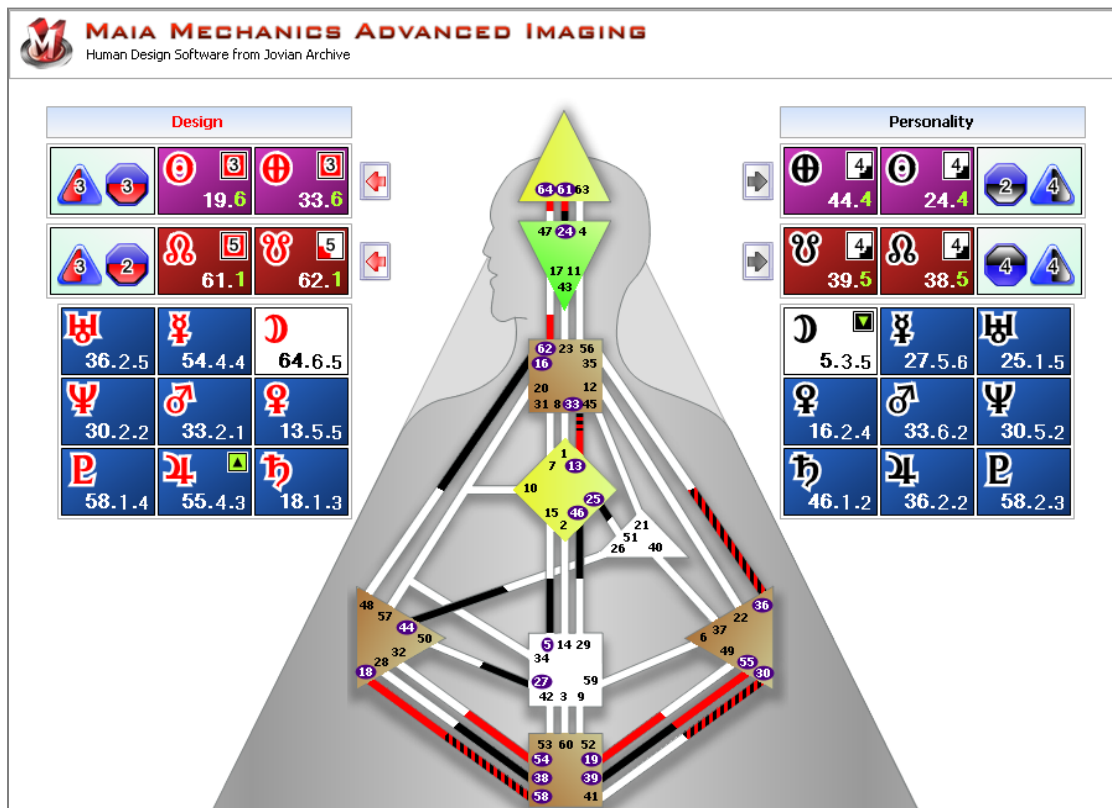
What I will show you tomorrow, I will show you ways to focus on seeing your mind so you can free yourself of the illusion that it's actually serving you, because it's not. At its best, it's here to serve others. That's what mind is good for. We're here to commune with each other. One of the most important things that we can do in this life is to communicate with each other in a way that is correct and honest. And it is unique. Instead of what we get, which is the constant repetition, the constant babble, the same stuff repeated over and over and over again, the same clichés that



everybody nods their heads to. Instead of having within you the recognition that what you have to contribute is important, is significant, because there's nothing like it. It's what uniqueness is.

MMAI

So let's get to the subject of this morning. I'm going to take you through the four steps of transformation. This is the graph of today, so the assumption somebody being born at this particular moment. What you're looking at, by the way, is Maia Mechanics Advanced Imaging. Advanced Imaging was developed about four years ago now. It was an effort of mine to be able to put together visually into a graph all the deeper knowledge of Human Design, the work that was done in Rave Psychology and Primary Health System, to be able to see the underlying themes, the underlying structure of the Colors, the Tones, the Bases, all the information.



The Four Arrows, Variable

And so, in this kind of configuration it is possible to see all of the basic data of a Human Design calculation graphically displayed. And one of the most important



elements of this are these four arrows. They are called Variable. And everything about these arrows is their Left-ness or their Right-ness, and this is a theme that's very important. The arrows Left and Right are determined by the Tone underneath. You see the Tone here in this triangle.

Left and Right Orienting Tones

There are six Tones. The first three Tones are Left-orienting Tones. So, if you have a tonal configuration, for example in the charts that I gave you, if you look at these little triangles on the side, on either side, the Personality side over here and the Design side over here, if you have anything from 1, 2 or 3, it's pulling it Left. And if you have 4, 5 or 6 it's pulling it Right.

Left: Focused and Strategic

And basically we're made up of these four combinations of Left-ness and Right-ness. This is something that's very, very important. And it's important at many levels. But most of all, it's about the learning process. Left-ness is about being focused and strategic; focused and strategic. In fact, we come out of a history of Left-ness. That is, the seven-centered being, our predecessors, were Left-oriented. Neanderthals before them were Right-oriented. We're a bridge. We are Left and Right. We're moving towards an era of Right-ness.

So when we carry Left and Right inside of us, we're actually carrying the past and the future, and the past and the future that we live holistically as this now. But they're very different. Our history was based on strategic thought. Yet the reality is that since 1781 half of all children being born are Right-minded. They're carrying a totally different way of dealing with the phenomena of existence.

Right: Peripheral and Receptive

Now, Rightness is about being peripheral and receptive. So it's extremely different. It is diametrically different to the Left-ness. We all have this combination in us. And for many human beings the Right-ness that they carry becomes a dilemma in the way in which they're raised, the way in which they're conditioned, the way in which they learn.

The example of my son, Loki, he's three parts Right, one part Left. So, when he started to go into senior school, my advice to him was never study. Just pay attention. Don't study. Study is strategic. It's Left. It's focused. It's digging into something. It's burrowing in. It's grabbing it that way. But if you're Right, you can't work that way. If you are a Right person, you can't even remember whether the



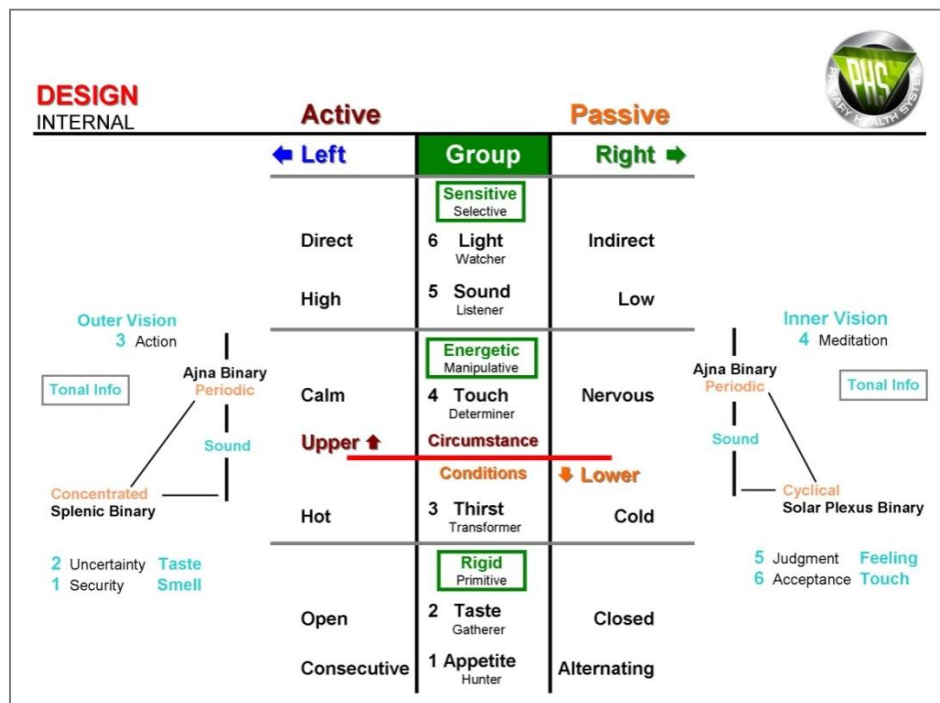
book you read last week is a book you actually read. It takes you a while to go through it again and say, oh gee, I read that. And it's not because you forgot it.

Who is in Your Life?

This is the whole thing about being Right, about being receptive, is that you're taking everything in; everything. And you're taking everything in without focus. You're taking everything in without agenda. And you yourself can't get it back out. This is the dilemma of Right-ness. And all the beings that carry Right-ness on this plane are the beings that are so deeply dependent on their associations, who is in your life.

But if you're a child and you're Right-minded and you grow up in a neighborhood of kids that are under nourished and under educated, you're going to be an under educated mind. And you're only going to talk and communicate at that level, because that's what it's all about for you. And when somebody asks you something at that level you deliver at that level. The same child, same design, same everything, go into another environment where their childhood friends are better educated and so forth and so on, so will they, because they are only going to mirror what they receive in the communion with those around them.

In other words, the level of awareness that you have is determined by your associations. One of those things in Human Design that's so important to grasp is that the most important decision that you make in your Strategy and Authority is who you let into your life, because who you let into your life has an enormous impact.





The First Step in Transformation: Determination

So we have these four arrows. And out of these four arrows what we get is a progression that starts up here at the Sun/Earth Design; this is the first step in transformation. Now, the Design Sun/Earth, what they represent physically for us is our brain system. Now obviously, the brain system is very complex. When you're talking about the brain system you're actually talking about the whole core of the way in which the vehicle, the body, operates.

Now, this brain system that we see in the Sun/Earth, what we're dealing with here is something that's called determination. Determination is about the potential that everybody has to differentiate by having their specific diet, and a specific diet that has nothing to do with food. One of the first things to recognize about uniqueness is that uniqueness is not a personality chimera. It isn't. Uniqueness is something that goes very, very deep within us.

Now, one of the most important things for us to understand is that as we've evolved as a species our digestive system has evolved along with us. And when you're looking at this particular graphing here, if you go down to the very bottom here where it says "appetite," number 1 and you move upwards to number 6, what you're looking at is an evolutionary process. You're looking at the evolution of the digestive system in human beings, beginning with number 1, which is the cave person and going all the way up to number 6 in which you have the most deeply sensitive of the digestive systems. We go from the most primitive digestive systems to the most sensitive digestive systems.

The Conditions

If you look in the middle you can see that there's a line here that separates what is called upper and lower, the bottom three are the lower, and the upper. And you can see that they have keynotes. The lower three Colors are called conditions. So if you look at your graphing, and you look at your Design Sun/Earth, if you have 1, 2 or 3 then what you're looking at is that you're looking at the most severe demands for you in terms of your digestive system because your digestive system is basically primitive.

The 1st Color: Cave

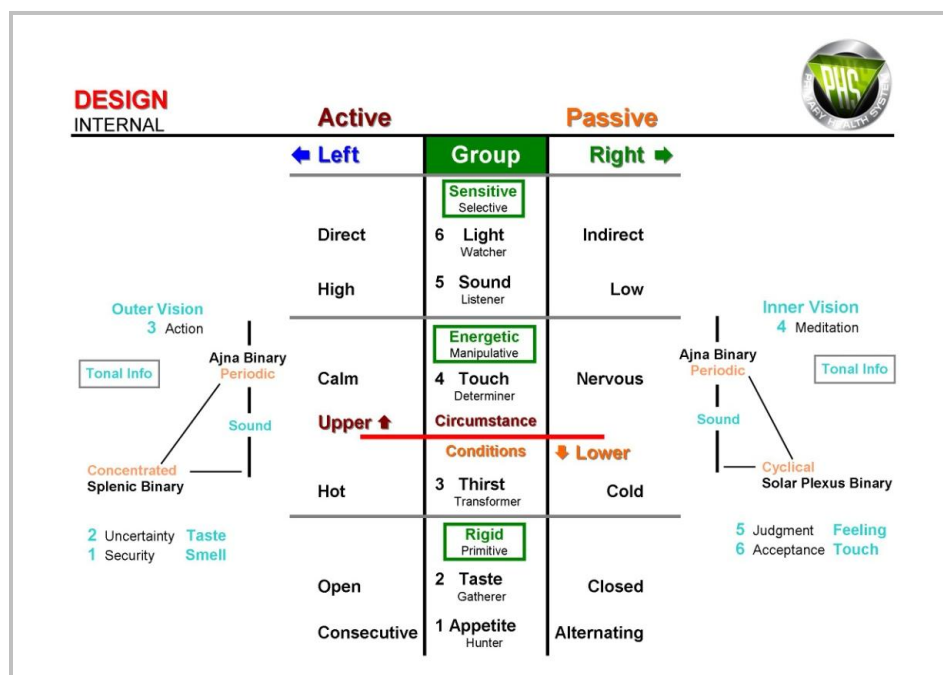
It starts with number 1. So if we look at the number 1, what we're looking at is this is the cave person. Again remember we're talking about six divisions of seven billion on the planet, approximately. So we're talking about 1.2 billion people who will have this 1st Color digestive system. Now, in most places in the world they're not going to get the chance to have that kind of diet. This is a cave diet. It's one thing at a time.



And when I say one thing at a time, I mean one thing. You want salt? Take a pinch of salt and put it on your tongue; one thing at a time.

The Left Brain Needs to be Well Fed

The thing to understand about the primitive diet, there are places in the world, obviously, not nice places where people are starving and all that kind of stuff—and by the way, in places where there is famine, something that is very odd but something really important to understand, when you're looking at the Design Sun/Earth you're looking at brain systems that are either going to be Left or Right. Now the Left brain system, what we're looking at here, the bottom three, the Left brain system needs to be well fed. It's very, very important for it to have a regular diet. In other words, don't go hungry; don't miss a meal, those kinds of things. But the Right, which is the three above, they're very different. They don't need, the brain does not need as much food. As a matter of fact, it's unhealthy for it.



In famine areas where children unfortunately are deeply disadvantaged in terms of food access, it's the Right-brained children that don't suffer the mental damage that the Left-brained children suffer from the starvation that they go through. Not that that's a help to the Left-brained children, but nonetheless, it's something to understand about the difference between the lower conditions and the upper circumstances is that the brain system from the conditions it needs regular food. And when you're looking above, it doesn't need as much. In other words, over eating is really a problem.



Fasting

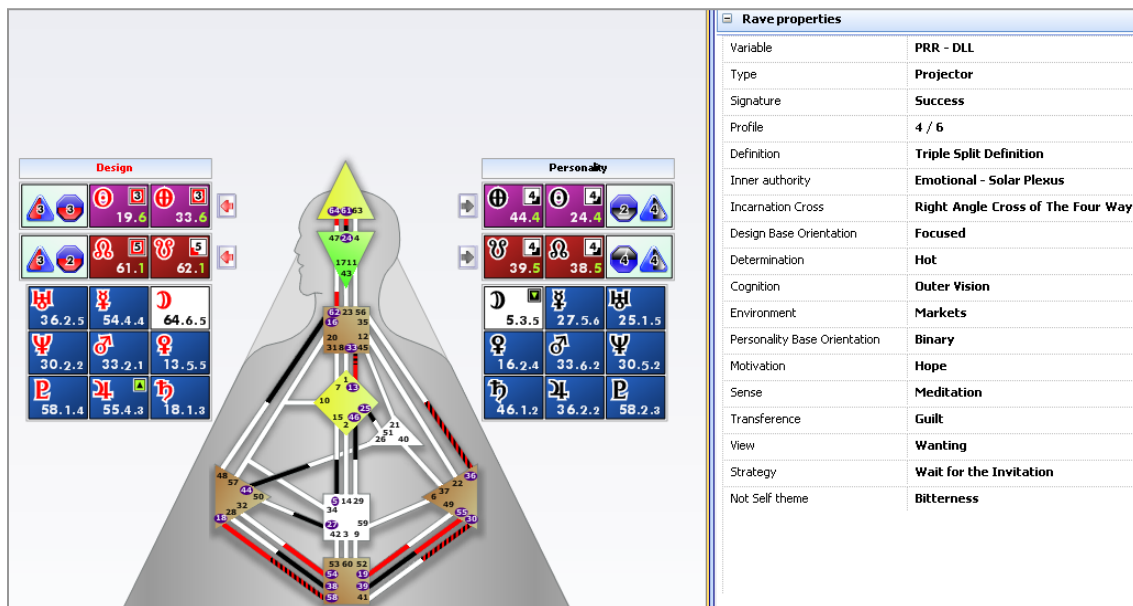
For example, if you have 1 to 3 you should never fast. People who have from 1 to 3, people who have conditions, should never fast. People from 4 to 6, fasting is something that is all right for them under the correct conditions, obviously because I've done long fasts—and I'm the upper part—I know the kind of care that you have to take for your system when you do that.

Feeding Your Differentiation

Okay, the very first one is the most simple. In other words, what you're talking about is a very primitive digestive system. Remember we're not talking about food. What we're talking about is if you are following your dietary regimen, the food you take in, whatever it is, you process it, you digest it in such a way that it feeds what is your specific differentiation. In other words, it helps you become individual.

Cognition/Senses

Let me give you an example. The Tone underneath, that Tone that creates whether we're going to have Left-ness or Right-ness, those six Tones are incredibly important to us because that's what we are all about. The Tone represents cognition. It's our cognitive architecture. It is the Tone that gives us that special something that we call our inherent intelligence.





And when you're looking at the Tone, the Tone basically is operating through six senses or what is called senses in this case. And when we're looking at them, for example, here you can see in this particular drawing that we've got the 3rd Tone. And when you're looking at the 3rd Tone, that 3rd Tone is called outer vision. You can see it here on the side under cognition.

So basically what happens to you when you're digesting food correctly, when you're taking the right regimen in, what you're doing is you're feeding one's sense. It doesn't mean the others are being starved. But what it's meaning is that you are here, this person for example that's born today, is here to be an outer vision person. In other words, their most powerful sense in terms of their physical acuity, because we're talking on the body side, is that they're going to have very powerful eyes, that their eyes are going to have very, very—they're going to be able to have this kind of pinpoint outer vision, they're going to be able to look out in the world. They're going to be able to see very, very clearly and visual stimulation is going to be incredibly important for them, because that's what they're here for.

As an adult, as they mature if they're eating correctly, their vision is actually becoming more acute and they are able to see, in a sense, what others cannot see. In other words, they're able to take in information visually that is very special. It is that visual information that's part of the basis of how they are going to develop their overall holistic awareness. Each and every one of you have a specific sense that is there to be fed, that is the key to the way in which your brain system is going to work.

Intelligent People

It was very interesting for me in the early years of my work. I've always been fortunate; I've always worked with intelligent people. But I realized that there was always a place where they couldn't go any further. You can grasp a concept without actually being able to even come close to living it. And you can think you grasp things when in fact you really don't, because you don't get to the next place that that's setting you up for. You just don't get there.

And it was clear to me that a lot of that is just simply that their brain systems are handicapped. If you're not feeding yourself correctly, it's not about that your body thinks to begin with, it's about understanding you're not feeding your brain correctly. So what happens is that instead of that pinpoint accuracy of your diet feeding your sensory capacity, you're throwing these huge buckets of paint to cover this little spot. And you're not getting the advantage of what your sensory system can provide you.



Highlighting Your Sensory System

So one of the things to really be so aware of is really about understanding that when we're talking about dietary regimen we're not just simply talking about okay, you're a cave person, you eat one thing at a time. Your eating one thing at a time is going to highlight that sensory system that you have. The highlighting of that sensory system is going to change the way in which you take in your environment in your life. There are consequences to all that. And beyond that, when you're operating correctly, and you're providing your system with the way in which it can digest successfully, the byproduct of that obviously is that you are going to be physically healthy.

Now, one the most dramatic things to see is to look at 1st Color people and what happens to them when they enter into that diet. Because they're the most primitive, they also have the most powerful reaction. We have many examples in the Human Design community of people that went from this to this whose body, whose skin, all kinds of things changed through this process because it's so extreme. After all, this is a very extreme diet.

This is Either Correct for You or Not

Now, this goes back to what I started with today. I know there are a couple of you here who have the 1st Color diet. You can't have me tell you to do this because you're going to hate this diet. "That son of a bitch is making me eat this. I don't want to do this anymore." It's not the way it works. It either has to be correct for you or not. And if it's not correct for you it's not like something wrong has happened to you. It's just simply that this is not the time. It's just not the time. There may never be a time.

Again, the whole thing here is about understanding that this is your process. How your process evolves is how your process evolves. But the thing is that when you get to talk to people who've been doing this kind of diet for three, four, five years now they're in heaven. They found their thing, because you have to go through this whole—anyone who has a 1st Color diet has to go through this whole process of changing the conditioning of their palette that went on through their whole life, their concepts about what is good and what isn't good, the memories of the smell of foods that they think are better than others, all of this stuff.

For most of those beings they don't really get it until they go back and forth, because that's when they begin to get sick, and usually when you get sick you get the message. It's one of those things that just works.



The 2nd Color: The Gatherer

If you're a 2—I've got a special thing about 2s. I love the 2 frequency because I think it's one of the great miracles of evolution. Everything about the 2 is that somehow it has the potential that nobody knew was necessary. This is one of the remarkable things about it. And everything about the 2nd Color diet is that the 2nd Color diet is extremely rigid in the way in which it needs to eat regularly; the same thing day after day. We go from the cave person with their one thing at a time to the gatherer that basically is going out there and is collecting the local goodies.

Eat Local Produce

It's very important, by the way, if you're 2nd Color to eat as much local produce as you can, what comes from the area that you're living in. Imported goods, ultimately, foodstuffs are not necessarily going to be particularly healthy. The most important thing, you can see this in a 2 baby—the 2 baby, you've got a spoonful of something, if it's the open kind of baby it will immediately open its mouth and let the spoon in. And if it doesn't like it, it will spit it out.

You are Here to be Discerning

The closed baby won't even let you put the spoon in its mouth because it knows before it even gets there that it doesn't want to have anything to do with that. Of course, we know what mothers do, unfortunately, it's not their fault, what they do in these circumstances, because they're saying, look, baby, this is healthy, this is good for you, open your mouth, and eventually they find ways of stuffing it in there. The reality is that if you have a 2nd Color diet you are here to be discerning.

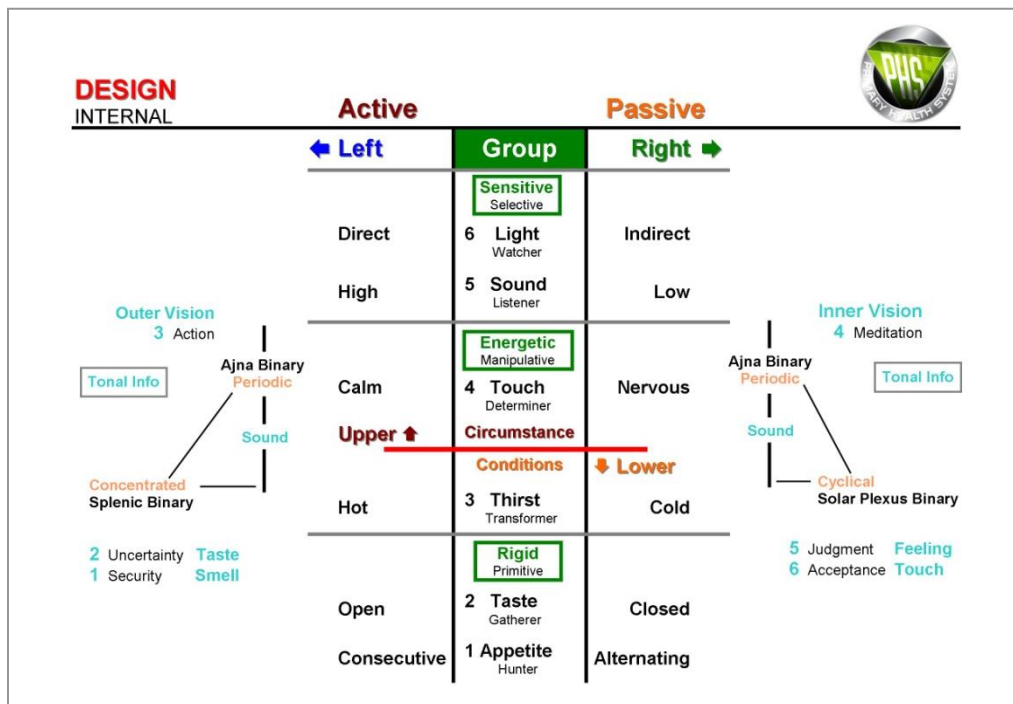
They used to have these kind of desert island trivia questions, what book would you take to a desert island, what movie. Well if you're a 2, what diet would you take? What do you want for breakfast? What do you want for lunch? What do you want for dinner? What is available seasonally, because the only changes that you can make in such a diet are seasonal changes, something goes out, something new, something is fresh in that season so you can go through those kinds of changes. But everything about being a 2 is finding exactly what's perfect for you and staying with it.

I have the great joke of a sister of mine who is a 2. She suffered enormously in our family from being so bizarre about food. She insisted on eating the same things. She didn't know any different. It was hilarious when I finally told her about her diet. She would go to extremes to find—she wouldn't simply buy the same product, but it was the same product from the same producer.



But the thing about that is you have to recognize something about diet. Being able to digest what you take into your system and take the best from it for you is really an incredible thing. The other thing is, you're going to know whether this is correct for you or not. If it doesn't feel good you can't do this. You can't do this because you think you should do this or because somebody says it's right for you to do this and on and on and on and on and on. It has to be something that you enter into as yourself and only in that way are you going to begin to see whether or not this is correct for you.

For a child that's born this way it's so simple. You never force the 2 child. You just never force them. You let them decide what their diet is going to be. You trust them. But as adults, of course, we've been so deeply conditioned. These first two groups, you can see the term here, rigid, primitive, these two together, these are the most primitive of our digestive systems, which means they are the most extreme. So it takes a deep discipline. And you can only be there if it's correct for you. You can't be there because of something else.



The 3rd Color: Hot/Cold

When you get to the next two that bridge, the center here, you're dealing with something else. You're dealing with forces that are energetic. And when you're dealing with the 3 you're dealing with hot and cold. This was always my classic example to shock people. I'm a 51 so I like to shock people. The classic example of shock is to think about the child that is born and they are a 3rd Color and they're cold. That is,



they're on the Right side. That child that's cold, that the only thing that it should take into its body are those things, liquids and foods, that are below body temperature. So think about that child coming into the world and being at its mother's breast. Right away you have instantaneous conditioning.

The other side of that is the hot side. Interesting that my youngest son is cold and he was born two and a half months premature and never had that. He was given warm milk, though. It's just bizarre the way the mechanisms work that nature in its own way tries to work these things out. We ignore all of that.

The Cold: An Overheated System

And then on the other side of that is that you have the hot. Now think about the way that works. The child that has cold, basically what they have is an overheated system. It's just overheated. And because it's overheated, anything that they're taking into their system they're burning off what they need. So if they're putting hot food in on top of their hot system it is all wasted away.

The Hot: Very Weak Digestive Systems

The other side, of course, the hot side is that you have those people that have very, very weak digestive systems that run cold. They cannot burn off what they need to burn off and need the heat for the chemical reaction. So you have the hot side where everything has to be above body temperature. So those are conditions. The conditions are very, very specific in these three Colors.

The 4th Color: Calm/Nervous

When we go above we begin to change because we're moving into circumstances. I'm a 4th Color. And I'm a 4th Color on the Left side. That is, I'm a calm. And fundamentally what that means is that it's not about me being calm. It's about me being in a calm environment when I eat. My instant reaction in an environment where I'm eating where somebody's being disturbing is to be an aggressive Manifestor and hit them. For me eating is supposed to be calm. And of course, that's my prejudice because that's me.

The other side of the coin is my son, Loki, who's nervous. He's the other side. So if we're having dinner together and it's calm it's bad for him. If we're having dinner together and it's disturbing it's lousy for me. It's really something to grasp about how important it is. I take most of my meals alone, calm. It's wonderful. It's just wonderful.



Circumstances

It's something really to grasp about how important it is to see that these upper Colors are always going to be about the world you're in. It's not about you controlling your own digestive process the way the lower Colors do, because for them it's very specific. There are conditions that are involved; temperature conditions, restrictions on what one can eat, one thing at a time, these are conditions. But above it becomes more complex in the sense that you have to take in consideration the environment around you.

So, it's not about my son needs to be nervous while he's eating. I will tell somebody that has a nervous dietary regimen, don't sit through a meal. If you sit through a meal you must be in prison. It's like sitting here; whoa, I need to move, I need to do something. These are people that eat while they're walking and can eat and dance. It doesn't make any difference for them. They need the energy. They're the kinds of people that get up and talk on the phone while they're eating, all this stuff.

It's all about just simply living who you are. And this is what embeds it the deepest into our system, because our first dilemma is our bodies. If you get the body thing right everything else comes along, because this is where the whole movie is played out. Taking in your nutrition correctly has enormous advantages for you in terms of energy. For example, Projectors, if you're a Projector and you're following your dietary regimen, you're going to have much more residual power—I don't want to confuse terms by talking about energy—real residual power that is there that you can take advantage of without being the typical Projector exhausted, because it's so easy for Projectors to be exhausted. Again, if you're taking the right nutrition into your system, it makes an enormous difference in the basic vitality that's there in your body.

The 5th Color: Sound

When we get to the upper part we get to the most sensitive. In essence we're getting to the most modern. These are digestive systems that have actually emerged over the last 300 years, so they're relatively new and very much connected to our modern world. The first thing is the 5. This is sound. Again, we're dealing with environment here. We're not dealing with the sound inside of somebody. We're dealing with the acoustic environment that surrounds them.

For example, if you're a high person, if you're on the left side, you need sound around you when you eat. These are people that I tell put your iPod in, plug-in, turn up the volume and enjoy your meal, because you're really here to have sound around. These are people that are perfect—there are very few people that belong in restaurants. But 5s on the Left, particularly the [unknown Spanish word] restaurants, they're perfect, the hustle and the bustle and the noise and everything. They're terrific in there.



Technology and Sound

But if they bring their friend who is on the other side, unless they're carrying Bose sound reduction headphones and have them on they're not going to have a good meal because they need silence. And what's so interesting about that is the modern connection. They're really reconnected to our technologies, these two. Our capacity to be able to carry portable noise; all of us carry portable noise now. We can all plug in.

And the other side of that, the technology to eliminate noise, which is also something very profound and important for people who have the passive side of this, the low in the sound, to be able to have a soundproof room. To be able to have sound disconnecting headphones is something that's really important for them because they need silence. Sound is going to be very, very disturbing to their digestive process and they're not going to be able to digest correctly.

The 6th Color: Light

And when we get to the final grouping here we get to the light. And for me it's the most fascinating to work with, particularly the Right side because I work with a lot of indirects. Here we're dealing with the light. So we've gone beyond people. We've gone into another dimension here, really. It's the end of this process. It is the most sophisticated and most sensitive. What we're dealing with is people, for example, the direct people. These are people that can only eat when the sun is up. Only eat when the sun is up. And on the other side, the indirect, I call them nocturnals, the people that can only eat when the sun is not up, when the sun is down.

Nocturnals

Now, it's interesting to think about our planet. Given our huge population we have an enormous number of people on the planet; it's nearly 800 million people who work while others sleep. It's a huge swath of the population. We have in the great major cities of the world, cities that never close. And in my counseling for people who are indirect, my guidance for them is to change their lives. Sleep in the daytime, get night shift work, and eat their meals that way. Some of them have become so successful materially, happier, all of those things because they finally shifted.

I have one student of mine, a very, very nice woman from Greece and she says at some point I'm going to teach Human Design to nocturnals nocturnally. But again, you can see what a step it is to not get caught in the mind trip of "okay, this is who I am so this is what I have to do." If you're a nocturnal, as an example, that is not an easy thing to set yourself to, given your conditioning and everything else and the way in which everybody else eats. There are things to really grasp.



By the way, liquids are not involved in that. Liquids can be taken throughout the day in any of these diets. And the direct, the same thing, this being limited. For example, that's okay if you're living on the equator or in southern climes where you've got a nice big daytime swath, but if you get into northern countries and you get into the winter time where your amount of daylight is seven hours, it can be quite a challenge.

So again, this is something to really see. To be yourself is to recognize that you have no control over where it leads you, where it leads you in terms of place, life, and people. It's simply about understanding that each and every one of us has a way in which we can transform this brain system.

Neural Development

When you're born, you get about three years as a not-self conditioned being of neural development. You have this neural expansion that takes place in all babies. It lasts for three years in most children. The fact is that in prodigies and all of these things in studies that have been done in super intelligent kids, they get neural shut-down at about seven. Now I know that neural shutdown is supposed to take place at seven. We operate in cellular seven-year cycles. All of us including myself had neural shutdown when we were around three. That's what conditioning does to us.

Now, one of the things about dietary regimen is that it can't give you back anything. What's been shut down has been shut down. But it's full of gunk. It's full of all of this stuff that has been forced on those different areas of the brain system that do not serve you, the energy that is going into sensory systems that are not what you're about, distorting the way in which you take in experience, the way in which you perceive things. So it's very, very important when you start this process to grasp that it's got to be correct for you. And if it's correct for you, this is a great adventure, because this is the beginning of truly transforming yourself.

Ra's Experience

It's what happens in the brain with this slowly but surely. The first thing that I noticed—I've been doing this now for nearly 5 years—the first thing that I noticed was the energy that I had. I've gone through periods where my teaching load has been absolutely incredible. And it used to really drag me down. The first thing that I noticed was the change in my energy level, a sharpness. And I'm an outer vision person, so seeing things. It may be coincidental to the nature of the work that I was doing over those years, but I saw things I hadn't seen before, all kinds of things that were very obvious to me in my own process of what a difference it makes.



Setting the Foundation

But it sets the foundation for the rest of what we're about. We're here to differentiate. And they are links in a chain, one after the other. You start with Strategy and Authority and then you begin to treat your body correctly. That's the first step. You're honoring the body's intelligence; the body is going to be able to guide you. The next step in that is to feed this system correctly.

You're not going to put diesel in a gasoline engine unless you're really fucked up and stoned. You wouldn't want to do that to your body. And we have this perfect opportunity through the knowledge to be able to feed ourselves correctly. Feed yourself correctly. This is what starts cleaning away all of that residue conditioning that mentally you're stuck with.

We're Fear Collectors

We're nothing but fear collectors. That's what human beings are. We collect fears, all kinds of them. And we pack them away in all kinds of places for those special days when we want to scare the hell out of ourselves. And the vast majority of those fears are ungrounded, but they are rooted in the way in which we perceived experience and the way in which our lack of awareness dealt with it. And we don't know how to get rid of them because in most cases we have forgotten that we have them stored inside of us until they have their moment to pop out.

And they're being fed. I mean that quite literally. They're being fed. And they're being fed because you're not feeding your system correctly. If you're feeding what's correct for you, you're not feeding all that stuff. The fact is that if you're supposed to eat one thing at a time and you start eating many things, all of those other things that are not supposed to be there are going into your system and they're giving strength to things that are not supposed to be there, that that diet fed all along because it was part of the conditioning. So you got heavily conditioned by a father or a mother. You associate that with a certain food. Those things stay with you.

Everything that I've taught over all these years is about understanding that we are nothing but layers of conditioning. And the only way that you cut through the conditioning is not by thinking you can. It's by changing your physical process. It's the physical process that's full of the conditioning. It's the mental conditioning that is energized and holds on because of all that stuff that doesn't belong inside of you, so it's part of getting that out.

Okay, for all us smokers, let's have a break. And when we come back I will go along and I will look at each of your charts and give you some points.

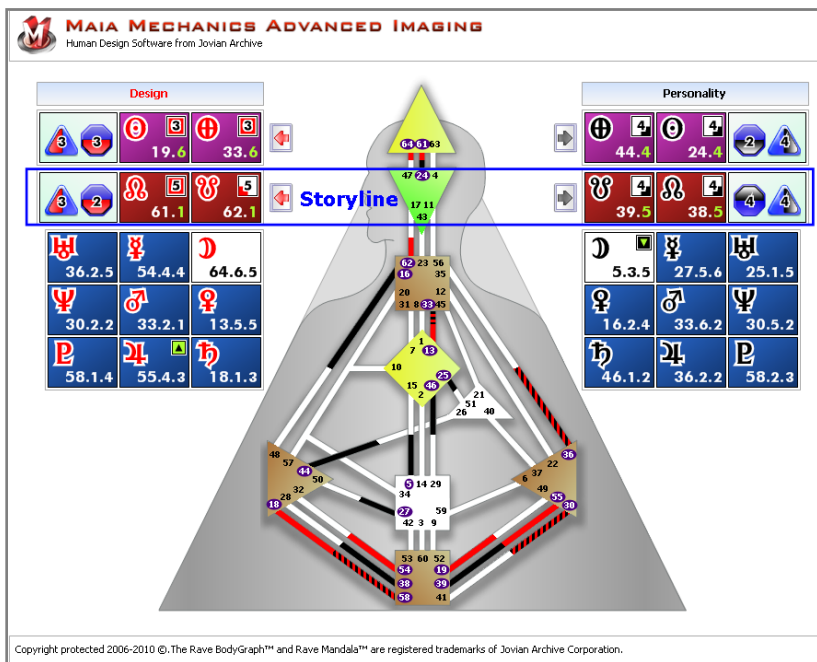
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ENVIRONMENT

There's really an amazing thing you get to see in substructure. This morning we were looking at the Sun/Earth. We were looking at dietary regimen and the brain system. But the moment we drop down to the Design Nodes, we're talking about something very special. We're actually talking about literally your life. It's where your life unfolds. Your life actually unfolds in a line that moves from the design side to the personality side. This system going across here is called the story line.



It's about the way our life is established when we get to our Saturn returns, so by the time you get to 29 to 30 years of age is the time you're designed to establish your place in the world in order to set in motion what is going to be your story. The story of your cross, of your profile, of who you are as a being.

We have two things that are important for our well-being. One

is that we eat correctly according to what is correct for us as individuals. That is about bringing proper nourishment into the system itself. But we don't just live in here. We have this outside world that is around us. And when we're looking at the Design Nodes, we're looking at the world around us that is our outside body.

How do we nourish the outside? We nourish the outside or we turn the outside into something that's nourishing by being in the right environment. Environment is something that's very special because it is not something that has any value when you come into the world. For the first 28 to 29 years of your life, this is not the



point. There are some subtleties that can be useful in terms of making things easier with health problems. But basically speaking, it's only when you become an adult in the Saturnian sense that your environment becomes an ingredient for you in your life. This is how you find and live out your purpose.

The first thing is we have very different vehicles. We're 9 centered beings. We have an Uranian body. Literally, we're designed to live on an 84-year plan. On that plan, it's only the last 30 years or so that are really the time for us to flourish. It means the way we are designed to flourish is after 50. Everything up to 50 is building up the material and getting ready for that process of the fulfillment of possibility.

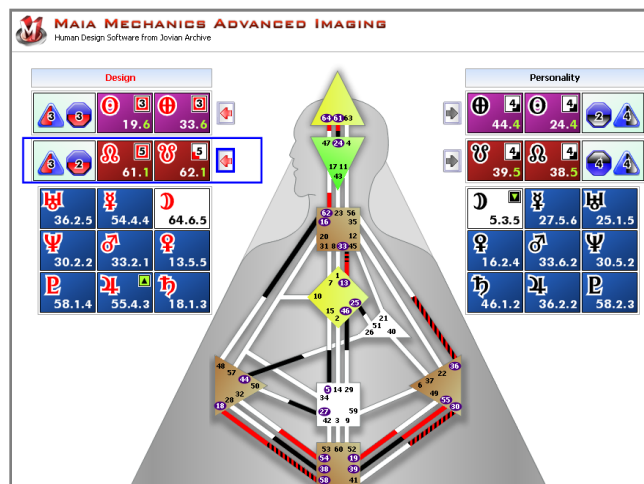
We have a dilemma in that of physical well-being, physical health. If you're not healthy long enough, you're never going to enjoy those latter years in your process. So many human beings in the not-self life with bodies that are designed to be functional for 84 years, at least, they end up dying early, being diseased, being senile, being incapacitated in one way or another and never get to live out the beauty of what their process can be.

It's not just about what you do for yourself on the inside. It's about what you do for yourself in terms of where you are. We are all designed to live in and thrive in a unique environment. Just as we're designed to have a unique dietary regimen. So environment is something that is extremely important to us. We have this distinction in that we're going to have environments that are Left, and ones that are Right.

Left Environment

When we were looking at the brain system, we saw that this was about food. The Left brain, regular eating. The Right brain, eating less. But when we're looking at the Leftness and Rightness of the environment, we're looking at something that is very important as a distinction. This person being born today has a Left orientation. That means their environment, in order for them to be healthy, always has to bring out their activity. These are people who are healthy when they're busy in their environment.

Take the example of somebody who's designed to be busy in their environment and they go over to somebody's house and all they can do is crash down on a chair. Right away they can know they're in the wrong place. This is a place that's unhealthy for them. And because it's unhealthy for them, and





because they don't have their normal activity level it means they're much more vulnerable to negative conditioning in that situation. It's very important to understand that if you have a Left environment, that environment gives you that activity level, a place where you don't sit still and relax – a place that keeps you going and keeps you busy.

Right Environment

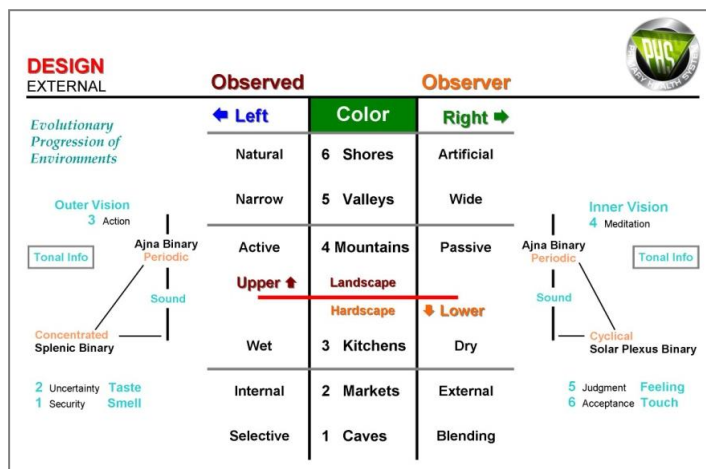
The other side of that is the Right environment people. We're looking at the environment as a stage, a stage upon which you watch the movie. To be a Right person means that when you're in the right environment you're not active at all. You're much more laid back, you're much more with your feet up, you're much more relaxed. It is a very, very different way in which your environment nourishes you. It's really something to understand about the physical environment itself. It's another way of seeing signposts. You can see, for example, if you're designed to eat one thing at a time, you can see that's a signpost about your personality. You're here to take things in one at a time.

The environment is also saying something about a foundation of who you are. So if you're Left, you're here to be active in this life. This is what's good for you. If you're Right, you're not here to be active in this life. That's what's good for you. The joke that some people are couch potatoes. Some people are designed to be couch potatoes. It's not that there's anything wrong with them. They're designed to be couch potatoes. It's terrific.

Again, we have all these generalizations about what's right and what's wrong. The processes are different. If you're Left, you're strategic. If you're Left in your environment you're focused on things to do. If you're Right, you're peripheral. You're

here to take in what's going on in your environment. The dilemma is if nothing is going on, you have a problem. The environment is a frame through which you experience many things including the other.

Everything about the Nodes is about "you're not alone" and "there is the other." What protects us in our relationship with the other is being in the right place. Environment is everything because environ-



ment protects your aura. It protects the longevity of your vehicle. It gives you the potential to live a longer, healthier life because it reduces resistance.



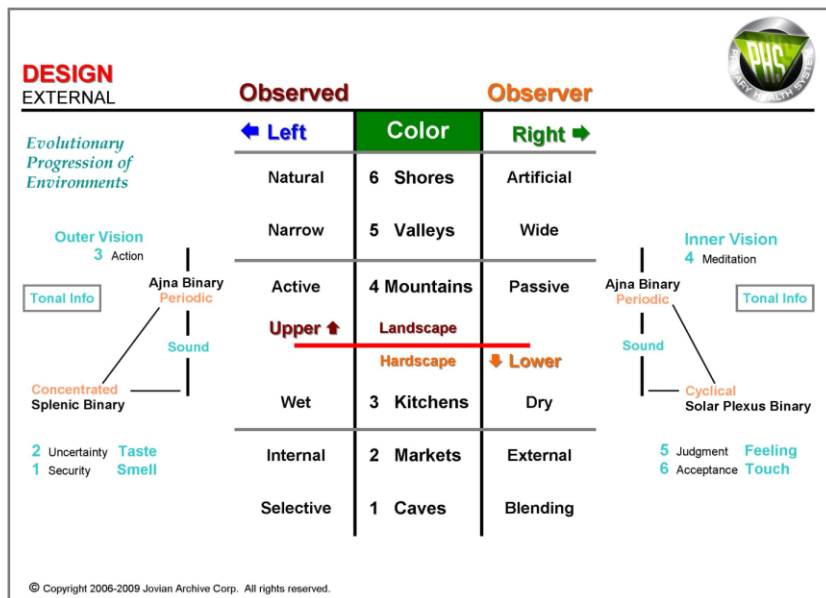
Understanding what is your correct environment is incredibly important to your long-term well-being so you can get to the latter parts of your process and still be fundamentally healthy.

So we have this Leftness and this Rightness. Let's see the way it breaks down. Again we have the same story. We're looking at Color and Color going through six stages. The same progression rooted in the six, working from the most primitive which is the first Color at the bottom, the caves, and working all the way up, this movement to the most sensitive Color 6 which is shores. As in looking at the dietary regimen, you can also see that it's divided into two parts.

Hardscape: Cave

The lower three Colors are called *hardscape*, and the upper three colors are called *landscape*. The Tones that create the Leftness and Rightness, here you can see under the Left and under the Right, the tonal variations of these environments on either side. Later I'll go through each of yours specifically. Let's look at the framework first.

Hardscape. This is something that's very important in our evolutionary development. What we were developing is ways that more and more and more of us could be squashed into the same space together. Literally.



Most people think of a cave and think of some hermit or Buddha alone, but if you go back to our history, caves were the first true communal dwellings. You would have 40, 50, 100 people in a cave all together. This is the beginning of Shanghai. This is the way these things work. When you're looking at these first

three colors, you're looking at the development of our world in terms of the way our civilization was built on creating walls around an environment and filling it up with people.



So the first thing is the cave. The cave is an interesting thing. The cave, in terms of the way we perceive it, appears to be an environment that only has one entrance. Now it may have other secret (entrances) but fundamentally it's a concept. It's a one-entrance thing. It's what makes a cave a place that can be secured. It's why it's a number 1 theme. Fear, security, all these themes of the number 1. Here in the cave, security is an important thing. There's only this one door.

Think about a child who's born and is a 1st Color environment and has a room of their own that has two doors. A door to a bathroom and a door that goes out. Or a door to a closet and a door that goes out. That child is going to have disturbed sleep, and something is going to disturb and frighten it. In many of these cases, these children will demand the lights be on, there's ghosts or demons behind the door. These are cave children. If you put a barrier in front of one of those doors, like one of these dividing things, just to block the image of it, it would change completely the child's sleeping patterns. Everything would be fine. Again, they would be secure.

Think about what it's like to be a 1st Color environment person. You need to have the protection of your environment and the control of the entry and exit. In this way, you're safe. You're the gatekeeper. You control who comes in and you control them when they go out because they're coming in to your space. There'll be a billion variations of this particular type in the world. A lot of these people are automobile people. Moving caves. Now, yes, it has more than one door but it is the same thing. An enclosed, safe space where they can control who gets in or who doesn't get in.

These are people who need to have an office rather than working in an open environment. They need to protect themselves and have this physical protection that is in their cave. What the cave is all about, because what all these things are about, every single one of these environments are about—you could put it in the context of a dating game. Where do I meet that special one for me? "Well, you'll meet them when they come into your cave," is the answer for this person because their whole social life is about bringing people into their cave. Whether it's their office while they're working, or their home, it's always about bringing people into their cave. They control the cave.

Now there's always something else that's going to be there. Just as underneath the basic dietary regimen, you had the tone, the sense underneath, you also have the same cognitive potential underneath the environment as well. It lends a quality to that environment that I'll show you when I do yours individually. What's important here is to recognize something.

These are indoor people. They belong indoors. It doesn't mean they can't go outside, but it's quick from the house to the car, the car to the office. They're indoor people. That is really something important for them to understand. What happens to people when they're not correct is that they're always on the other side. So indoor people dream of living in the countryside, which is really a joke when you think about it because they're indoor people, after all. It's important for them to have the control mechanisms because that's what's going to be healthy for them.



Everything about us is if you're eating correctly, if you're in the right place, hey, you're going to have it go your way. You're creating the whole momentum of your process.

Markets: Internal & External

Every single one of these names can be deconstructed into many levels, just like me saying the cave person can be in a car. You have to use some imagination. *Markets* is all about business. It's all about moneymaking. Moneymaking wasn't designed to take place in the valley with two trackers meeting each other. The money business is something that grew out of these enclosed spaces with all of these people there so you could have this system of exchange of energy. These people need to be where the action is. They're hardscape people. They're fundamentally urban.

Not only that, you can see it's divided into *Internal* and *External*. External market people need to be out in the marketplace. The Internal market people have their business at home and bring everybody into their home to do business with them. They bring them inward. Working from your house is absolutely perfect for them because that's what they're for.

External market people are out there in the urban world where the action is – the people who live behind or above the store to really be part of what's going on. So often you meet somebody who is urban like Markets, and they go, "Yeah, but I've always wanted to live out in the country." This is what they are all about.

Not only that, but the whole thing about environment is that it is the bedrock of your material success in life. If you're not in the right environment, you're not going to do well. If you're a cave person who's operating in a business where you're sitting in an open environment, you're never going to succeed. Never. Never. Never's a big word.

It's about understanding how important environment is for you. It is a key. It is a key at the material level. The longevity of the vehicle, the well-being of your life over a long period of time isn't just dependent on physical matters. It's dependent on resources. If you don't have resources, your vehicle can deteriorate because you cannot nourish it with what's necessary. Those resources within the context of how we live, this is the material life. This is what you do in the material plane. It's not about the material plane being a struggle. It's not what we're about. It's simply about understanding that if you're a market person, and you're not playing the market game, you're crazy, because this is where you belong. This is the world you belong in.



Kitchens: Wet & Dry

Kitchens is really interesting from a number of levels. As you can see from the Left and Right side, the *wet* and the *dry*, these are people who have very strong reactions to the wrong kind of humidity or lack of humidity in the environment. If you're a wet person and you're in Ibiza, you're going to be happy. But if you're a wet person and you're in Sedona, Arizona you're going to be very unhappy because it's going to be very unhealthy for your system. Wet people need a lot of humidity; dry people obviously the opposite. They need to get the humidity out of the environment.

Kitchens are about where things are transformed. It doesn't mean you're supposed to live in a kitchen. It does mean that you'll find naturally that the kitchen is a place that you love to be, where you love to talk, where you love to eat, all that kind of stuff because it's going to be a part of it. This is where the urban environment becomes its most sophisticated because this is where things are created. This is one of the most creative environments we have. This is where things are designed and built. This is where all the things are that make the development of our civilization. If you go back to the old days, these were the potters. These were the people who turned something into something else, because this is what kitchens is all about. And to do this with others.

The industrial revolution was a classic example of getting all these people into the same kitchen. These huge factories where everybody was involved in doing things. This is what this environment is all about. One of the things to realize is that built into the program is that all these various niches in our world are intended to be filled out. It's never about place. Here in Ibiza you can find every environment. You can do that in any place in the world because it is about a *quality* of a place that you're in.

Now obviously there are exceptions. If you need a lot of humidity and you happen to be in a very dry place, it's really unhealthy for you even if you have a humidifier in your environment all the time. It's a lot healthier for you to be in a naturally humid environment. These are not decisions that you can just make. They're a byproduct of what is correct and your Strategy and Authority. They're a byproduct of your process. But they make a huge difference in what your potential is.

If you're not in the right environment, you never get to see properly. What we'll look at tomorrow – the transformation of your consciousness. In order for your consciousness to be transformed, you need to have the right perspective. That perspective is grounded in your environment. If you're in the right environment, it opens up the possibilities for your particular unique perspective to emerge. So your environment becomes something that is not just a matter of your health, but it literally lays the foundation for the way your life is intended to unfold.



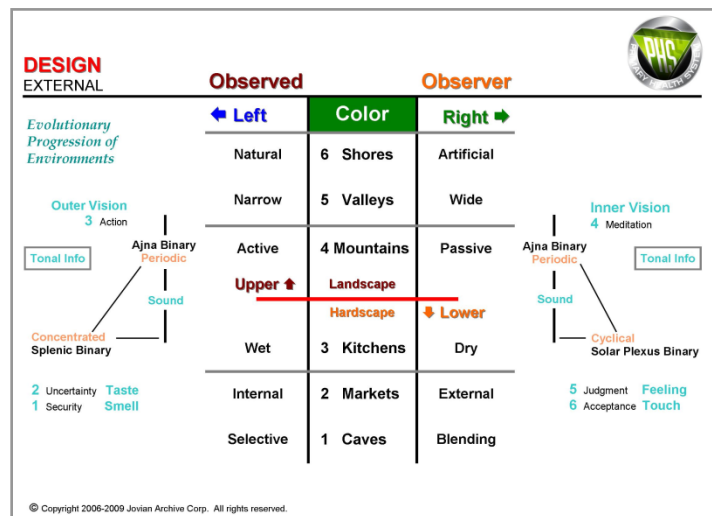
Landscape: Mountains

Now when you get to the upper three, you get to Landscape. There is a real difference between the hardscape and landscape. Basically the landscape is a reaction, in a sense, to the development of the hardscape. This movement back into the continuity of nature. And yet at the same time, despite the fact that it sounds like it's all very natural, it can still be deconstructed, and you can still have these environments in the middle of a city. For example, mountains. If you're living in New York City, make sure that your condo is on the highest floor. And then you're in the mountains just like that. The reality is that that mountain is about oxygen. It's one of the things that's really, really, really important to understand about mountains and valleys.

Mountain people suffer from having too much oxygen. If it wasn't so horrendously, politically incorrect for me to say so, I'd say smoke. If you smoke a pack of cigarettes a day, it's like living at 17,000 feet. No, really, that's the equivalency. It's about 17,000 feet. You have all the tar on the cilia; it cuts down on the oxygen to the brain, so basically you're at high altitude, which is not a joke. The reality is that if you're a mountain person, thin oxygen is what you're looking for because this is what you thrive on. And it's healthy for you.

Remember something about oxygen. Oxygen is a corrosive. It can have a deeply negative impact. Anybody who's ever gotten drunk knows that because what being drunk is that your neo-cortex is flooded with oxygen, literally. Oxygen just destroys cells. We think of it as life giving but, in fact, it is a corrosive. Look at the side of any car. So it's really something to understand about being a mountain person.

The high ground isn't just about the fact that you have a better view, which by the way, is very important for mountain people. Everything about being a mountain person is about being above things. Think about that—it reflects on their personalities. They're here to be aloof. They're here to be above things. They're here to be looking down on them. This is what it is to be on the mountain. It's not to be down in the heavy oxygen with this heavy weight that it brings, with the pressure that brings. It is about getting up to the high ground. A lot of that is psychological. Being high enough so you are looking down, that you do have this kind of refuge.





Active & Passive Mountains

You can see that mountains are *active* and *passive*. You can have the mountain that is deeply isolating and you can have the mountain that's not. But the whole thing is, going back to the deep activity levels that are there. To be passive in the high ground or to be very active on the high ground. Everything having to do with environment has to do with your activity level whether it's high or low activity. The high activity mountain people need to burn off as much oxygen as possible, literally.

The diminishment of oxygen in the brain is the bedrock of the hallucinatory experience. If you take LSD, it cuts oxygen to the brain. If you take *amanita muscaria*, it cuts oxygen to the brain. So basically these are people who are intended to be high. And I don't mean that in the drug sense because that's not the point. I literally mean that in the sense that they're here to be high. Anybody who's ever gone to very high ground knows that there's a certain giddiness that comes when you begin to not have enough oxygen.

This high ground for mountain people is very important. But the other side of that is really getting to see what it means for you as beings. Mountain people are not here to get involved in the nitty-gritty. They're not Moses. They don't have to come down from the mountain and deal with all that stuff down there. It's one of the most important things for mountain people to realize. You're above all of that. It means the only people you want to be connected with are those who are ready to climb the mountain and come to you. Because that is what high ground is all about.

Sometimes that's not about ground at all, that's just philosophical. You take the high ground in some kind of discussion or argument and you have to wait for the other to climb the mountain to you because you take the high ground. So keep this in mind about any of these aspects. They are always going to reflect on your basic nature and allow you to see that if you're not taking the high ground, if you're not above things, and you find yourself getting stuck in all that nitty-gritty, you know right away something is wrong and you're with the wrong people dealing with the wrong things.

Valleys

When we get to the next step, we get to the valleys. The valleys are interesting places. They are some of the most interesting places on earth because every major settlement on this planet is built in a valley, usually a river valley. All the great, ancient cities of the world. What makes valleys so important to us historically is that valleys were the original highways. This is where everything moved along. This is what valleys are all about.



So valley people are really interesting people because they're the ones who are here to integrate with the world. In our modern language we would call them internationalists. We would say that these are the ones—it's a 5. It's about universalization. It's about all these themes. The reality is that a perfect valley person is the Vara del Rey in Ibiza town and you're sitting at the Montesol café and it's the middle of July and all the freaks are on parade. And they're from every place on the planet. And you're sitting there in your valley watching the movie and watching all of that flow by.

The chances are as a valley person that you're more likely to end up with a lover that comes from some other place on the planet, some other culture, some other religion, some other this or that. This is a place where you're meeting the flow of things. It's very important for valley people to see that it's not just about necessarily living in the valley in the middle of nowhere deeply isolated. It's usually about these little towns in valleys. Or it's about living in the concrete valleys of the cities, if that's what it turns out to be.

If you're a valley person, you make sure your apartment is on the ground floor. Or depending on the city, have bars. It's about being down below. It's the opposite of mountain people. Valley people need a lot of oxygen. If you take a valley person and a mountain person, and you put them in an elevator in a 70-story building going up, from the bottom, the mountain person isn't feeling quite right. And the valley person feels terrific. And then it starts going up. You can watch the two of them change. The mountain person is feeling better as the elevator gets higher and higher and higher. And the poor valley person is like "oh, I hope it doesn't crash." They just want off the elevator.

Narrow and Wide Valleys

It's about oxygen. In the end, it's about oxygen. It's about being down at the ground floor. It's about being there and seeing everything that's going on and connecting to the world around them. The divisions are narrow and wide. The narrow valleys you find in any city. It's not about looking at gorges in the countryside. The wide are different. This tends to lead more to the natural way of life. More bucolic, as they say (rural, rustic, country, pastoral). Little valley towns, much more out there in the wide, open spaces. And taking in that movement of the world that way. In the old days it would have been on the Roman roads or on the first railroads. This place where things are happening and things are going by even though you seem to be in an isolated place.

Valley people have to realize that true isolation is never something that's healthy for them. They always need to be in a kind of situation in which there is this flow and movement that is going by, even if it is just a bus stop outside their door. They need to be connected to this movement.



Shores: Natural & Artificial

Finally we come to shores. This is mine. I've always marveled at the fact how lucky I was in my life. I was born on an island in the middle of a river and grew up there. This is actually the third island in my life that I've lived on. I've lived here 27 years. The only time I didn't live beside water, I nearly lost my youngest son. Horrible things happened. It's something to understand how profound environment really is, how nurturing environment is.

Now shores, you see they can be natural or artificial. An artificial shore is the park that is a boundary in a city. Or the tracks – one side and the other – this shore of the city on the other side. The division between suburbia and the city. Exurbia and suburbia. All of these places where there is a horizon where one can try to look beyond, because that's really what shores are about. Anything having to do with shores, water is very much a part of it, so the connection to water and the connection to having water around is something that is deeply important.

Children & Environment when Ill

Children. I mentioned in the beginning that your environment only begins to be important the moment you reach your maturity, the moment you get past your Saturn. Yet at the same time environment can be very handy with children. So for example let's say you have a mountain child and they get a bad cold. Don't put them on the ground floor. If you have two floors take them upstairs. Take them to a higher floor, take them to a higher ground. It's going to make things easier for them and it's going to be more helpful for them in recovery.

If you have a child who has dry kitchens and they're sick, take them in the kitchen. Make sure the kitchen is dry. Open up the oven and let the dry heat come out and this child is going to recover much faster. So you can take advantage of environment for children in terms of their well-being. It is beneficial for them. But it really doesn't set the standard in that sense for the direction your life is going to take. This is the thing to grasp about this.

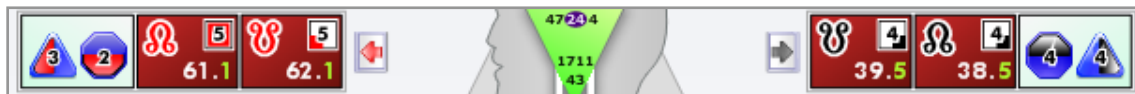
Discovering Yourself

Everything about the surprise of discovering yourself is rooted in being in the right place so you can see correctly. If you see correctly everything changes. This is the dilemma of human beings. They look but they don't see. And it's not their fault. It's about awareness. It takes great good fortune and discipline to get to a place where you're really going to be aware in this life and not get lost in all of these things.



One of the things environment really does is nurture your relationships. It's not just about if you're a mountain person and you're on the high ground it's good for you. It's good for your life because it is going to make sure that you're protected in the connections you have. If you're in the right environment and somebody comes in, you are protected. You're not going to have to deal with resistance.

When I say you're protected, this is the assumption that you're operating correctly. But you're not going to have negative forces in your life that are going to be able to thrive in your life if you're in the right environment. The longer you're in the right environment, day-by-day-by-day, it changes the way that you see. This is really what this whole thing is about in the end.

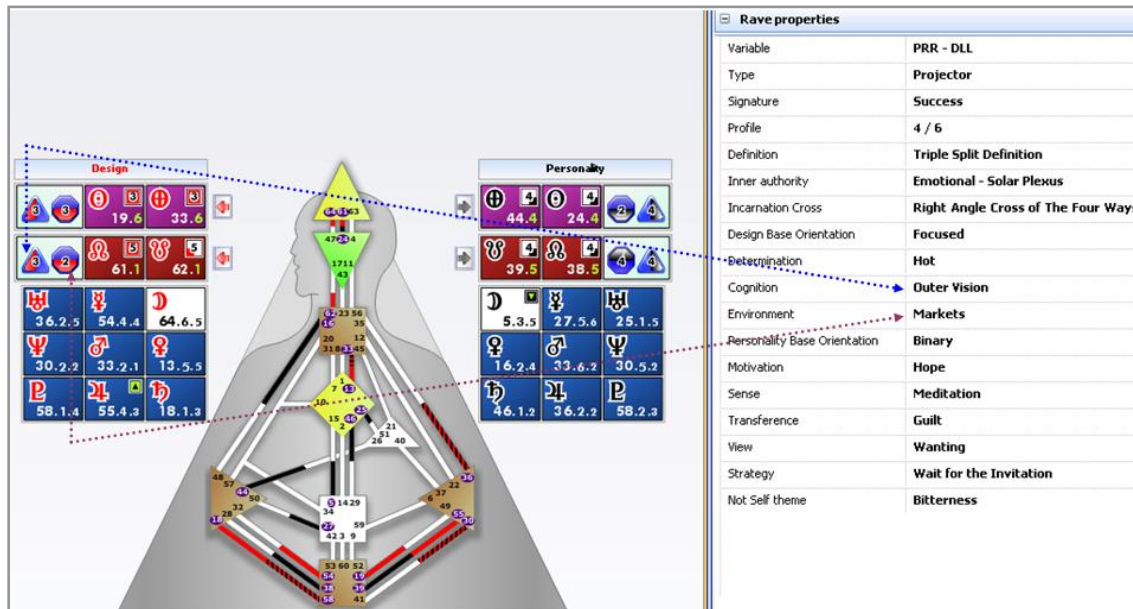


The Nodes here, as they go across, the Design Nodes to the Personality Nodes. The Nodes are related to each other. They are connected to each other. It is though this connection of the Nodes that we have the continuity of our life. It is the thing that brings the 'this and that' of us, our Design, our Personality, together into this holistic package. It gives the whole meaning to what our existence is from environment to perspective. Once you're correct, once you know how to make a decision, once you're feeding yourself correctly, then what is there for you is to begin your life as yourself.

You begin your life as yourself by being in the correct environment and in that environment, it opens up this window to perspective that is what you're all about, what you are here to see, what you are here to conceptualise, what you are here to offer. And while all that at the intellectual awareness level is taking place, there is no panic over 'oh my god, how am I going to keep my life together.' Because you see, in the end, that's automatic pilot. It's just about setting everything in motion.

Environment: Tone 3 Outer Vision

When you look at the environment, and you get to see that underneath that environmental Color you also have a Tone. So in this case, we have the 3rd Tone. We know the 3rd tone is about outer vision. So think about this person in their environment. This is a market person and that outer vision is about making sure that they have visual stimulation around them. Their environment needs to be visually stimulating because they're outer vision. The more stimulating their environment, the better it's going to make them feel.



If you go into this person's office, you're going to see that it is incredibly decorated. It may be over-decorated. It may have too many things in there, all kinds of stimulating things that this person needs to have around them to look at. And at the same time, the person who has their environment impacted in that way, outer vision—fill it up with all kinds of stimulating things—it's precisely the way they can tell other people are connected to it. They'll come into that environment and those who really enjoy the stimulation of the environment will come across. This is a way they will have a sense of the correctness of those beings in their space. Each of us has a sensory quality that's connected to our environment. That sensory quality becomes very important.

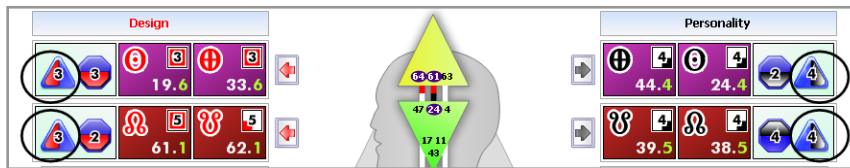
If you put this child in a boring room with nothing stimulating to look at, they're not going to be happy or healthy as they're growing up. They need a lot of visual stimulation around them in their environment to make them feel good and make them feel correct. In their life, as they mature, the visual stimulation of their environment is going to be very important for them. This isn't just simply a matter that this would be connected to a market person, you can have that tonal quality in any of the possible environments. Each of you have a very unique nuance to that environment that's rooted in the sense.

Your Four Tonal Settings

The Tones, when we're looking at variable, these four tonal settings (Design Internal and External and Personality Internal and External), they basically represent your potential as a being to be aware. This is where your fundamental intelligence is. It's not just simply a matter that your brain functions well, and that your mind can con-



ceptualize, it's about what does that feed on. Everything about the brain-mind system is based on what you live. What is here above (Design and Personality Internal) is the way in which it is all just simply digested. Whether it is being digested physically by the body or being digested intellectually.



And what is going on down here (Design and Personality External) is the way you experience life. We're each de-

signed to experience life through a unique story line. We each have our way. It is an environment that opens up a unique way of seeing. This is what we're here to live. It is actually the phase of our lives for a nine-centered being that is intended to run between the time you're approximately 30 until approximately 50. It's a 20-year program of developing the tools you need in order to be able to express yourself.

We can't work on that timetable because all of us were conditioned. For children coming into the world, that will be their natural timetable. It's why I have this radical approach: Do everything you can as quickly as you can, right down into it, because we have a lot of time to make up. I'm in this process since 1987; it's 23 years. Basically, I haven't even reached the Saturn, if you know what I mean. The first 30 years of a nine-centered being is just eating correctly and being raised according to your Type. That's the only requirement in the first 30 years.

It's only at 30 that you begin to set your life in motion. So we're making up time in that sense. One of the things to grasp is how important it is in a radical process is that you just simply go into it because there's so much to deal with. How important it is for us to be in the right environment to begin to take the pressure off the deterioration of our bodies. Every day that you spend in an environment that's not correct for you, basically what's happening to you is that you are deteriorating at a faster rate than necessary. It's just the way it is.

We're Not Designed to be Sick

The longer you're in an incorrect environment the more deterioration will take place. And that deterioration isn't just simply that the body breaks down and there's disease. It's all kinds of things that simply hamper the vehicle from operating correctly. One of the biggest issues in the nine-centered life is that we're not designed to be sick. I don't use the word 'healing', I use the word 'alignment.' We're not designed to be sick creatures. We're not. The moment we're operating correctly, this is not something that is a part of us. It isn't.



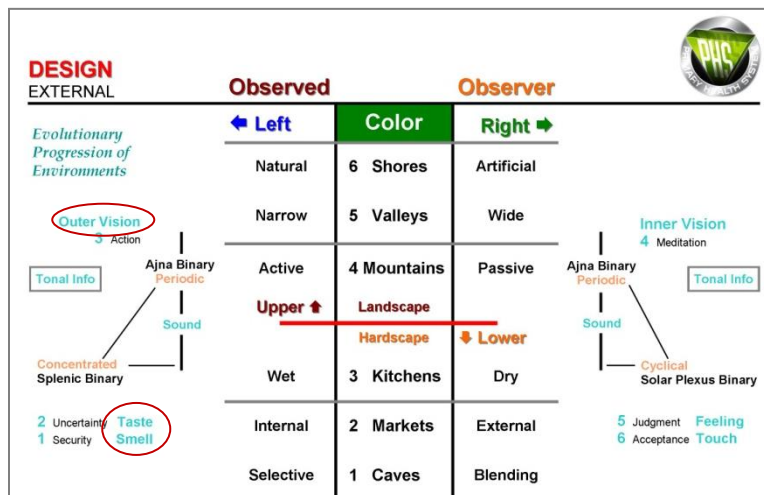
Homogenized Disease World

But you have to see that there is a fine, narrow line in serving yourself. And it's only when you keep to that narrow line, you're no longer part of the homogenized disease world of cancers and heart attacks. It's all homogenized. It's everybody having the same disease, the same problem. It's not the way we're designed. It isn't. It's something to understand about your long-term longevity. The long-term well-being of your vehicle is dependent not simply on doing the right thing, operating correctly, eating correctly. You gotta be in the right place. How important it is for your vehicle to be nurtured.

When you're looking at your environment, you really have to begin to see this is your key to meeting the world as yourself. This is what being you demands. It demands that you are in the correct environment. As long as you honor being in the correct environment, you'll see who comes to you and who doesn't. You'll see who belongs in your life and who doesn't. You get to see it very, very, very quickly.

Tones in Environment: Tone 1 Smell

You can see on either side of these diagrams here is a tonal construct. If you go to the left side, you can see that the 3 tones here are listed. You can see in teal what they are at the Design level. The first tone is *smell*, the second tone is *taste*, and the third tone is *outer vision*.



Let's talk about smell. If you have a 1st Tone with your environment, it is very, very important that your environment has, what is to you, a good smell. It is deeply important for you. There are many, many human beings who live in environments that don't smell right for them and don't do anything about it. They'll get incense and things to add on but they'll never get rid of the fact that there's something in the space that they don't like the aroma of. And no matter how much they try to cover it up, they're not going to get rid of it. This is like a thorn under your fingernails. This is not a nice thing to have. So it's something to recognize if you have a 1st Tone environment that the aroma you live in is very, very important for you.



It's that aroma that is going to establish your well-being. If you don't have that smell that's right for you, if you're constantly dealing with aromas that are unhealthy for you it's such a problem.

There are different ways this works. We have assumptions, for example, that some things smell good and some things smell bad. They're subjective. For example, a cave person that has Tone 1, they're here to be urban, indoor people. The smell is important for them. They're urban. When they sniff the air, they're not going to feel the same discomfort or questionability as somebody who is upper and sniffs the air and realizes right away that it's full of pollutants. As a matter of fact, if you're 1st, 2nd or 3rd Color, you're designed to breathe city air, even though you may claim that it's awful. The reality is you're actually designed to breathe it.

These are really things to keep in mind. The fact that the environment will smell correct for you, means that everything else about your environment will work for you. The moment there's a smell that you don't like, there's something there that's wrong in your life. You get to notice it right away.

Tone 2 Taste

The second one is taste. Taste is interesting in terms of environment. It goes to the discernment of it. Most of what the 2 is about is barriers. They should never have picture windows. There's too much information coming in. It's better to have little windows all over the place than it is to have some big, huge window on the world. You're here to block most stuff off. You don't want windows that look over at the garbage dump. Only open up your windows to things that you're receptive to. The 2 is about establishing barriers so that something special can come through.

The environment isn't just the cave or the market; see it in its sensory context. Understand there is another value there that is really, really important to grasp.

Tone 3 Outer Vision

We get to outer vision that we looked at before. This is somebody whose environment needs to be visually stimulating. It can be so visually stimulating that they don't even need to go outside. Or it could be so visually stimulating that they're never inside. It depends on their environment. You really need things to attract your attention. It's strategic. It's about things to focus on, things to look at, their favorite painting.



Tone 4 Inner Vision

When we get to the right side, everything begins to change because we're moving in this evolutionary pattern towards what's coming. We're moving towards a different kind of sensory sensitivity. In an inner vision environment, nothing needs to be interesting. It's so different from the outer vision. The other side of the coin. This is somebody, when they turn the lights down, doesn't matter what the place looks like because it's not the point for them. This is an inner world. This is a world where the eyes are closed and the world is alive inside of that world.

It's not a matter that they want to be distracted by stuff on the outside. These are people who hate distraction, those things that pull them away from their inner process. The moment they're pulled out of their inner process, they're pulled out of themselves, in that sense. The moment you get to the 4th Tone, you're dealing with somebody whose environment is very much passive in which they're allowing things, when it's correct, to come into their environment so they can experience them. So much of that experiencing is not what takes place in the moment. If you have inner vision environment, what you get out of the experience is something that only really comes out later.

It is something that is going in at a very deep level and is being taken in at a receptive level. You're taking in people very deeply. Again, this doesn't have to be a great, stimulating environment because it is not the key.

Tone 5 Feeling

I mentioned when it came to dietary regimen how important it is to understand the impact of electronics around you and all of these various mechanisms we have. Having this 5, basically you need to spend your life away from technology. In the sense that the technology, in and of itself, is very disturbing to your environment. It is very disturbing to your development. Obviously that can't be so for everybody and it isn't. But it is really something to understand about feeling people is that they're so sensitive to all of this.

If you're with them and you have all this tech stuff around and all these machines around, their whole system is disturbed. It blocks the way they can deal with the other, and it ultimately impacts their well-being. These are people whose environment, to a greater extent, needs to be free of that.

Remember, you have this reaction when you get to the upper tones. As we move forward in this progression, this has nothing to do with being environmentally locked in with others. This is really about not being modern, in a sense. It's almost anti-modern. There's a part that is just "I want to get away from all of these machines." So one of the things you'll see with people like this is that they need to have the kind of spaces in their home that's free of all of that technology.



Tone 6 Touch

And finally you come to touch. Obviously it's about the tactile. It tends to create situations in which the best environments are very, very tight. In the sense that you go into somebody's flat and it seems like there's no free space. You sort of have to walk around chairs and everything is packed and dense. You can't go into a place like that and not touch everything. Everything is touchable. Very important for these people. They're going to feel very, very uncomfortable if they're dealing with emptiness, if they're not dealing with something they can put their hands on.

What's great for touch people in their environment is simply to have something in their hand. Worry beads or god knows what. A rubric's cube. Anything. Always nice to have something you're touching, something you're connecting to at a physical level. These are touchy-feely environments. Just the quality of a fabric can turn them on. You know what that's like when you can touch a certain fabric? For these people, touch is sexual. It is so powerful in that way to tap into the essence that's there. For them, their environment really needs that.

The other thing is these are physical people. If you have touch environmentally, you're here to be physical with others. You're here to touch them. You're here to make physical contact with them.

You see there can be dilemmas in all these things. A manifestor who has touch in the environment. You can imagine what that's like trying to figure out how to do that. But then again, we have all these mixtures and when you're correct it doesn't matter what all the nuances are, it comes out as you.

Right Environment Establishes Your Way Of Seeing

Not only are our environments unique for us in the general context, they're even unique for us in the way they're decorated. Unique for us in the way we take advantage of them. And all of them are creating a platform, not simply for our connection with the other, which of course is so important, but more important, what we'll begin with tomorrow, being in the right environment establishes for you your way of seeing. Until we get to a place where we see as we're intended to see, only then can we deliver what is ours to deliver, which is our awareness.

We are deeply positioned as creatures, we're given this way of moving in the environment, we're given our space, we're given our dietary regimen – all those things we need to be unique as beings. Out of that unfolds the unique awareness on the other side. So your environment is the last step in the body. Strategy & Authority, dietary regimen, environment. These are the things that establish the platform for awareness. They're all physical.

So they all have to do with a commitment to a way in which one lives physically. This is what sets the platform for change. This is what makes the difference. It's



out of those three that arises the possibility of who you really are and what it means to live your unique process. It's not what you think. It's never what you think. You don't get there until you get there. That's the beauty of the journey.

But the journey begins with the body. And the final step, the most significant step in that journey is that you establish yourself environmentally where it's correct for you. Out of that—I see that in my garden. I have a place in my garden that I find fascinating. No matter what I plant there, it dies. And I have a garden where everything grows. I mean everything grows. But I have this one place, and it's one of those things to grasp. If you're not in the right environment, you're not going to grow. You can't. It's not providing you with what you need. It isn't giving you the resources you need, it just isn't.

The other day I decided no more. I've planted three orange trees. I have an orange grove. I've planted three orange trees in that place. It just won't grow. Nothing I can do about it. No matter what I do, fertilizer, love, care, water, you name it. No way. Those plants, you put them in the ground and they say "you son-of-a-bitch, you put me in the wrong place and I'm going to die here." Because poor plants, they can't move. Somebody comes along and throws them down in a hole and they die. They say 'nice, thank you.'

If we're in the right environment, we grow. If we're not in the right environment we don't grow. Ok, let's have a break and then I'll go through your charts for you.

~





PERSPECTIVE

Today we go to a very interesting place and the place that we go to is the place where it seems to be the most familiar and actually know the least, and that is the mind and dealing with the nature of the mind.

I have to begin by sort of telling you a fairytale. It's Sunday. It's a nice day to tell you a story. I'll tell you a fairytale, a science-fiction story, because I love science fiction. You have an alien species and you have an alien species that lacks one thing. They lack experience. They have all the potential for awareness, but they lack experience. So, they travel through the universe looking for a place where they can find experience. They arrive at a planet, and when they get to the planet there is a dominant species that's there on the planet. And they go inside these creatures. They go inside them, because what they're all about is they're all about experiencing; they're looking for experience. And they're looking for the experience of consciousness. They're looking for the experience of consciousness in form.

So they embed themselves inside of these creatures in order to be able to experience that consciousness in form. That's what we are. We're the aliens. I'm not talking about what you see in front of you because what you see in front of you is the dominant species on the planet. That's us, the humans. But in fact, we're the aliens that are inside of the humans experiencing it. We are passenger consciousness. This is what we are.

If I was writing a science-fiction movie I would tell you how screwed up this alien species became because they got so embedded in the experience of the dominant species that they forgot who they were and what they were all about. That's us. We are so lost in this machine. We think this machine is really us. And it isn't. It's a ride. We're here to experience.

The crystals of consciousness that are at the bedrock of Human Design are made of something called dark matter. Now, dark matter is actually hilarious when you think about it because you can't see it and you can't touch it and you can't smell it and you can't feel it. There is no way that we can even grasp it. Think about the universe that we live in, what I call the biverse. Think about this thing. We think of it as being absolutely incredibly massive, enormous, all those galaxies, and super clusters and quasars. All of these things are atomic in nature.

If you were going to put the entire biverse on a scale and weigh it, what you would discover is that only 4% of that weight is all that stuff that we think is so incredible, all those stars, all those galaxies. 96% is not atomic. It's not. It's rooted in dark matter, what they call dark energy. It has nothing to do with atomics; but atomics



are special. You can see that every night. They light up the sky. These things are hot. They're mutative. They're volatile. They're extraordinary in their potential to transform and evolve; what we are as a passenger in this mechanism.

I love the life. I think it's extraordinary to be a passenger here. But I also see that for most of the seven billion people on this planet it is a horror to be in the body. It is a horror to live with the life. We've got a couple of billion people on this planet that barely have enough to eat on any given day. We have 40,000 babies that die every hour. We have a hell of a place that we all live in.

One of the things about privilege is that privilege, and this here is a privilege, has to be honored and it has to be honored with real dedication to what's possible with the privilege. We're not here to get lost in the meat, the carne, the incarnation. It's not about the meat. It isn't. It can look after itself.

I took a lot of drugs in my life. And one of the things I used to love to do is take LSD and I'd get in my car and drive. Now, most people would think that's nuts, because there is absolutely no way that you can actually think about driving. You can't; but you can drive. It was an amazing thing for me to sit back as a passenger and watch my body drive me down the road and take me to wherever I needed to go. And there was a certain wonder in that. How does it do that? The drunk you know who somehow manages to get home. How does it happen? They can't even remember it. They don't even remember walking.

These vehicles are quite capable of operating on their own if you stop interfering with them. That's what Strategy and Authority does. The only thing that can interfere with your life is your mind; nothing else. It's the only thing that can interfere with your life. And the moment you take the mind out of the equation, the moment that you just allow your vehicle to make decisions, it gets its life, this thing's life, what I talk about of the life that you can have as yourself, because that's what is. And it's not the self of the passenger; it's the self of the vehicle. You can see it in Design. It's there in the G Center. It's a self.

What I'm going to show you today or attempt to show you today is that your mind is as much a pattern as your elbow, nor anything else. It's just another pattern. And it's just another pattern that you never had any control over. It's just another pattern. And that other pattern doesn't mean that's you. It isn't. It's an aspect of this thing that we're riding in.

The moment you can step back and be the passenger in the vehicle is the moment you get the experience. We're so concerned about ourselves, whether we can do this or that, be good at this or all that stuff. We don't understand that uniqueness has no measurement, that when you actually get to experience what it is to be you, you realize that nobody can be you better than you. Who else is going to be better at you than you? You're you. And you get to see the perfection of that, because it is a perfection.



We only get messed up when the mind jumps in and starts measuring. Are we as good as this? Are we as good as that? Should we have done this? Couldn't we have done that? All the bullshit that people do to themselves all the time on the mental plane. It's a nice fairytale. It's a wonderful thing to understand the nature of what it is to be passenger consciousness. But I'm in the business of being practical. I'm a 5th line Personality. It's about you getting the opportunity to be able to come into contact with your passenger.

I'm going to show you how to do that. Then you can do it for yourself, and you can discover something rather remarkable. You don't have to be caught up in your Personality's trip. You can just experience your life. That's all. It's just there to be experienced; nothing else. Everything else looks after itself. I used to love it; when I first came to Ibiza, the Druids have this saying: do without doing and everything gets done. It rolls off the tongue in English. Do without doing and everything gets done. And I thought what the hell are they talking about. What is this 'do without doing'; but, this is what it is.

The moment that you're a passenger, you're not doing anything. People always like to say to me, "Oh, Ra, you've done such a terrific job." And I look at them like they're nuts. And it's not some false modesty. It's the reality. I didn't do anything. The doing got done. This thing does what it does. And all I can do is experience what it's doing. And if it fucks up I experience that. And if it doesn't, I experience that. And it's not like I can take credit for it because I can't take credit for this mechanism that I happen to be imprinted with. There's nothing I can do about it. All I can do is watch the movie.

The moment you're in a place where you're watching the movie, this is not detachment. Don't be confused. This is not about backing away from your life. It's not about stepping outside of it. It is about being an enthralled audience, because that's what we're here for, to be totally absorbed as an audience, because then you see. You watch the way in which your mind does its thing, the way the conditioning works, the way life works. Awareness becomes natural, because there's no agenda.

The moment your mind has to make a decision for you is the moment you have an agenda. You've got a reason. You're making things up. You're going to get stuck with all that stuff. And in the end it comes back and it bites you. Every time the mind is in control of your life is when you are no longer a passenger. You're just caught up in the mess.

Environment Establishes a Foundation to Develop Correct Perspective

So, how do we get to that place practically? Today we're going to take a look at this zone over here, the Personality Nodes. Now, they have a very powerful connection—and I'll give you the whole image. This is today's graph. They have a very powerful connection to what we looked at yesterday afternoon. That is, together they form



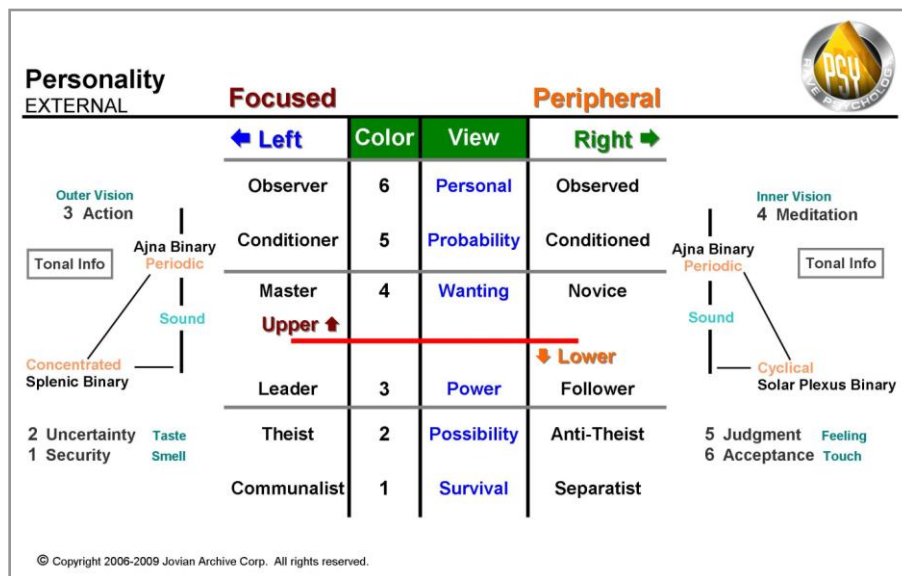
what is our storyline, our movement in this life, our direction in this life, the way we're here to develop. And what we saw yesterday is that environment establishes a foundation for us to be able to develop our correct perspective. That's what you're looking at here in these Nodes. You're looking at the potential of perspective.

Fundamentally what it's saying is everyone has a different way of seeing. Look at the perspective. To begin with they're going to be activated by gates, obviously. The Nodes are always in opposition to each other. So you're going to have a fundamental 32 basic ways in which we're imprinted to see within a framework, and yet, each and every one of us have this deeply unique quality of perspective that we see underneath; that is, we see in the color and we see in the tone.

You Don't Have to See What Other People See

The first thing to grasp about what it is to be yourself is that you don't have to see what other people see. Now, that may sound simple, but it's really profound. You don't have to see what other people see. Nobody can force you to see what you're not here to see. And yet, most human beings are constantly being conditioned to see things the way other people see them. But by design we're all given a unique way in which we're here to look at the world.

But before I could show you how that works I have to take you into something that is really very magical in a way. It has to do with the nature of color. When we were looking at color on the design side, color on the design side locks in. So from the moment of your birth you're locked in, in terms of the specifics of your dietary regimen, the specifics of your environment, but on the personality side color transfers. And what that means is that color is always a binary. It's always moving from one thing to another. And that one thing to another is a pattern.





Now, the way the pattern works is that the pattern works numerically. So, let me show you. Here we have the personality external, what we're looking at, the Nodes. And here down at the bottom you can see the number 1 going up to the number 6. When we're talking about transference, transference is what happens when you have the combination of the 1 going to the 4, the 2 going to the 5, or the 3 going to the 6.

2nd Color: Possibilities

So, let me give you an example. You're somebody who comes into the world and you have a 2nd color personality Node. That 2nd color personality Node, you can see that the view here is called possibility. So you came into the world to see possibilities. That's what it means to have a 2nd color personality node. This is what you're all about. From your particular environment you can look out and you can see possibilities. Now, possibilities can be rather amazing, because in fact, theoretically, you can see a possibility in anything. This is the gift that's there. But it never stays consistent. It's not like your dietary regimen that if it's 2nd color is locked into that 2nd color of being either open or closed.

Now, this is different. What happens here is that possibility will move. It will transfer and it will transfer to the 5. And so instead of this person seeing possibilities, all of a sudden they think they're seeing probabilities. It's a duality system. Now, we're not dealing with the body anymore that works on a firm, fixed thing. We're now dealing with the whole basis of our consciousness and our mind, which is a binary. Everything about mind is based on the binary, this and that, up and down, in and out, and all that stuff that makes up our binary, our DNA, RNA, all of this is binary.

So when you get to the personality side, you get into this binary that's rooted in this movement of color. When we're talking about the movement of color at this level here with the Nodes, it's called distraction, because it's about your seeing. So you are designed to see possibilities, but you get distracted by probabilities. If you're somebody who has the 5th color, you're going to be designed to see probabilities, but you get distracted by seeing possibilities.

It's not about getting rid of one or the other. You come into the world and you've got a 2nd color and its possibility, it doesn't mean that you need to never see probability, because in fact, you would no longer be able to measure properly in the binary. It's more like a seesaw. In other words, if you're designed to see possibilities most of the time, that's what you're seeing. But at the same time, you need to be able to see some probabilities as well.

The fact that you can see a possibility in everything can, in a sense, become quite frustrating, because in fact you're not necessarily seeing anything. And the person who's designed to see possibility likes seeing probability, but they can be fooled by it. So if the seesaw reverses and they're distracted too much by the other side, they



lose their perspective and they don't see properly anymore. So this is a distraction that's taking place.

Now look, here's the thing that's so interesting. One of the things that I love so much about mechanics is that if you understand something mechanically you can always develop a technique out of that. Anything, whatever it is, that's mechanical. So, think about this as a mechanical thing. Each and every one of us is designed to see in a certain way. You can see that this isn't about what you're actually seeing; this is the way it's framed. In other words, you're looking for the possibility.

So here you are designed to look for the possibility and you know at the same time that you're always going to be distracted by probabilities. So let's say anyone of you who have this and you're watching yourself, you're noticing that you're looking at the possibilities, you're seeing the possibilities and then you notice that you're shifting to the probabilities. This is what this is all about.

Who noticed? This is something that anyone of you can do. I've had students of mine doing this now for years. Who noticed? Who's watching this? That's the passenger. It's not your Personality. Your Personality is a program. Sometimes you see the possibility. It's not like that's original. Do you know what I mean? You see the possibility because you can see the possibility because you're designed to see the possibility, and you're designed to be distracted by the probability. But the point is not to be concerned about what that means, but to see it, because if you're operating correctly you're going to have the right balance.

The 3rd and 6th Colors

For example, I'm somebody that has the 6 at the top, which is called personal. My distraction is to the 3rd color, which is power. So if you're born with the 3rd color you're somebody who is always watching things within the context of who is winning and losing. It's all about winners and losers. It's all about seeing who's up and who's down. It's like a 3rd line theme connected to the world, very much seeing what's up and what's down; that kind of thing.

If you have a 6th color, personal, you see everything within your own context. It's very narcissistic in that way. In other words, you don't see it framed through possibility or probability; you see it framed through your own process. So, I'm designed to see things through my own process, but my distraction is to see the winners and the losers. Now, when I was not me, that is, when I didn't live this life, I was always on the other side. I can remember how important the scores were in games, your sports team, seeing who was up and who was down, who was at the top of the list, who were at the bottom of a list, who were the best at this, who were the worst at that. The moment I get into that I lose everything. I lose my unique perspective — I'm deeply individual.



However, if I didn't have the power as distraction, I would never get out of my own narcissistic trip to see what's actually going on in the world. In other words, a certain amount of that distraction is healthy for me as long as it doesn't take over. If it takes over I really have a problem.

The point is not whether I'm going to be seeing things this way or that way, because if I'm correct it will have its right balance. It's that I can see my whole system doing that. I'm the passenger watching. I'm not interfering. I'm watching. And there's an incredible wonder in seeing these mechanisms operate not physically. It's one thing with the body when we talk about body stuff. It gets very different when you start talking about the way your mind actually works because you take your minds very personally to recognize that this is just a complex set of patterns that operates in a binary system and that you can experience that. You can actually be there as a passenger and experience that. That's called being awake.

That's the moment that you actually have what we're here for. You're here to experience the phenomena of one of these bioforms. They're magnificent, after all, what they can do. This is what it's all about. And out of that comes our capacity to commune with each other, to be able to share the unique experience. Again, go back to the science fiction and think about it that way. The alien doesn't go just into that experience for itself. It wants to be able to share that experience with everybody else. "Wow, you should see what it's like to be in one of these. This one is so fucked up. It's so crazy; unbelievable. They do silly things." It's a totally different space. And that's what the passenger is all about. That's where the cosmic joke is. That's what it's about. And you can get to see that.

All right, so let me take you through each of them and give you a bit of a look at them. The interesting thing about everything having to do with the Personality is because you're always going through these movements you have to see something. If your mind is busy with your problems, you're not going to get to notice any of this because you're going to be caught up in it. The very distractions, the very processes that are there in terms of the way your perspective operates, the moment that you're into your mental trip, that's the moment that all of that just becomes part of your confusion. It's not like you're really going to be able to experience that.

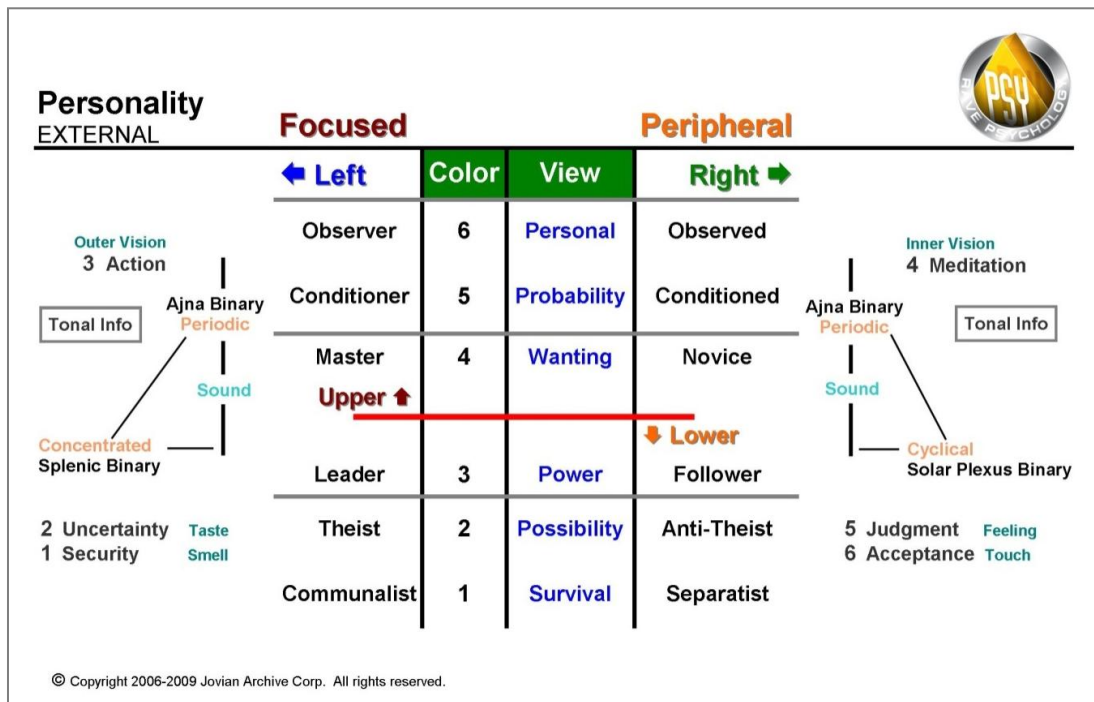
This is about letting go at a very, very deep level. That's what it is to come into contact with the passenger and it's not something you have to believe. This is not science fiction. You can experience that phenomenon of witnessing your own distraction and then all right, who's watching. This is what we're about. When your mind is no longer occupied with having to control your life every day all the time, your mind is capable of beginning to be aware. And awareness just isn't about being able to see what's going on outside of you. It's about recognizing how everything is flowing out from inside of you. You're watching the whole drama this way, the enthralled audience that has this—talk about 3-D movies—has this four-dimensional experience to go through. It's meant to be exhilarating.

And of course, what happens is that the moment that the mind steps in, it can no longer be sensitive to the demands of being aware. It can't. It just gets grabbed



down into the lowest level. The mind that has to make decisions is the mind that has to lie, has to lie to others, and has to lie to itself. It can never tell the truth. So you can't get to this level of sensitivity to be able to experience this yourself until you've gotten to that place where your mind isn't constantly occupied with trying to drive you towards doing things, because this is the exact opposite of that.

This is about seeing how the way in which your life unfolds is a very natural thing that does not require your control. It doesn't. This is what the mind is most afraid of, is losing control, no longer being in control, no longer being able to push you where it wants to push you.



The 1st View: Survival

Okay, we start at the bottom and we deal with the 1st view which is called survival. By the way, these terms that you see on either side, communalist, separatist, I'll talk about that in the afternoon because it's related to the Personality, to the Sun/Earth more directly. The survival view is just that. These are people that know what can survive, and know what's necessary for survival. They see things within the context of survival. Now, for many of these beings, particularly in more difficult places on the planet, it is probably an enormous advantage for them.

The fact is that in the West, in developed societies, this kind of perspective often leads to very deep materialism as a potential. In other words, the concerns for survival leading to—again, I'm talking about the not-self—the concerns for survival



leading to trying to amass as much material as possible in order to protect themselves.

But everything about this 1st view is about really very primary things. It's also about seeing what people are afraid of, and seeing things that are fearful, as well. In other words, it's quite a perspective on the most primitive level of the world, seeing the mundane, the basic level of the world, its foundation.

The 2nd View: Possibility

When you get to the 2, you get to the possibility people. There's something to recognize about people who see possibility in everything. It's sweet. It can be wonderful for the spirit of others as an outer authority. You're a possibility person, and there's somebody there and you can always see some possibility in them. You can always see it, because that's what you can do.

The dilemma with the possibility people is that because they have distraction to probability, there is always a part of them that yearns to see possibility realized; not enough to assume for example that the 2 says it's possible that God exists. This is one of those classic possibilities. But the 5s don't say it is a probability. They can't.

So, one of the things about the seeing the world through the eye of that perspective, the frame of the 2 is that in seeing those possibilities there's also a lot of inherent hope, belief that is rooted in that kind of seeing the world. By the way, that's neither positive nor negative. Again, we are a binary dealing with binaries. So it's always going to be the potentials of this and that on either side.

The 3rd View: Power

When we get to the 3rd and the final in the lower grouping, we get to the perspective of power. As I said, this is really about who is up and who's down. This is somebody who says to you, did you hear that Harry just lost his job. Everybody knows. You know who's up and you know who's down and you're hooked into all of that.

Obviously that has its importance. The 3, wherever you see it in line, in color, in tone, it always is related to the material plane. So, everything about this way of seeing is really about seeing who is winning and losing on this plane, literally. And it's not just sports. It's life. It's the whole thing. And they're the measuring ones.

The 1st view may be concerned about the fears that it sees out there, but this is all about the winners and losers and the prizes and the classifications and the measurements and it's a five-star, it's the best restaurant and he does the best this. It goes on and on and on. And obviously by the way, we seem to need to know all of that stuff. It seems to be part of the movie.



The 4th View: Wanting

When you get to the upper part, you get to the 4 and you get to want, wanting. And that's what's missing. These are interesting people. They see what's missing. And to see what's missing is very, very important. It's the other side of the 1 and the way in which the 1 looks at things, because this is the transference. The 1 is all about all kinds of fears. I could die crossing the street. I could die going up the elevator; all of that stuff.

The 4 is more about what's missing, what do we need. It really sees the neediness that is out there. That in of itself can be a trap. If what you see is need and want, then you can end up being caught up in having to deal with that all the time, trying to fix it, make it better, all these other things. Remember that what you see inherently is going to impact who you are as a being, obviously; the way you frame things.

So, this wanting, to really be able to see what is needed out there, but more than that, what is being called for as well. 4s in and of themselves are deeply social. This is a way of really connecting. It's the line of friendship. So, it really has this capacity with it.

The 5th View: Probability

When you get to the 5, you get to probability. These are "I'm sure" people. It's really nice. By the way, I can laugh at all of them because there's nothing else you can do. It's a joke when you realize we're so programmed. So you've got the probability people. The dilemma with them is that they can bet their life savings on probability. All this goes back to Strategy and Authority. All of these things have to operate within context.

You can see what happens though to somebody who's got probability and they're not-self. They see probability in everything. "Oh, this job's going to be great. She's going to be a great lover," all that stuff. Sure; you think there's a probability. The other side of that is that their distraction goes back to the other side to the possibility. It's possible that this may not be probable. So, they get a bit of a balance in there. You can imagine what happens if you didn't have distraction. We would be all these very one-tracked, we would really not see well. It's interesting that we get this delicious binary that we move through.

The 6th View: Personal

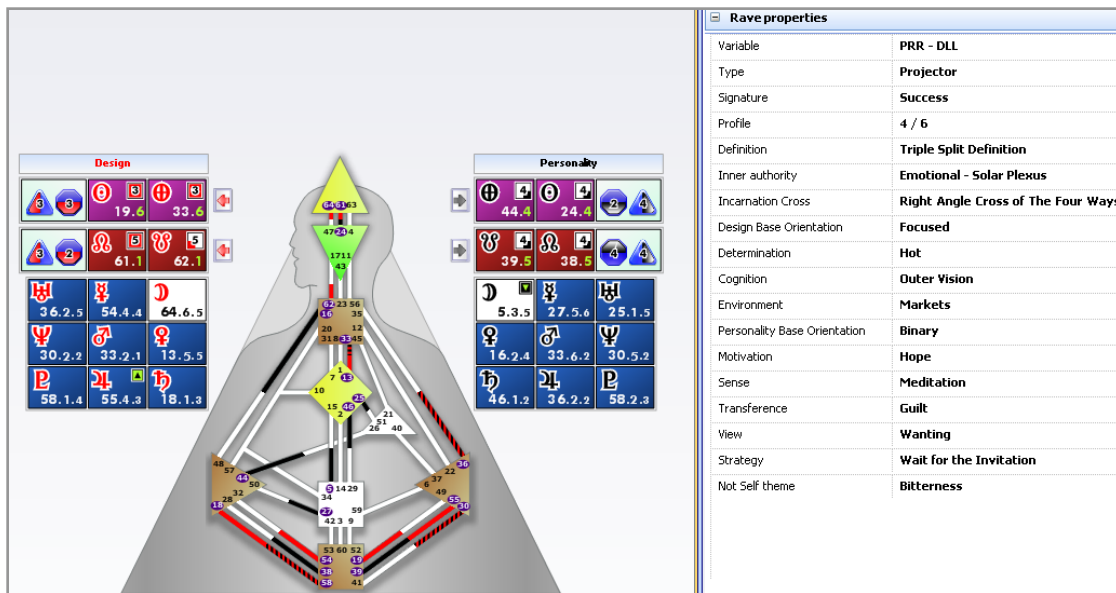
And then at the top of this you have the personal. And again, narcissistic may be harsh, but nonetheless it describes it well. It's seeing things through yourself. It's seeing things through your own dimension in that sense. So, you're putting every-



thing in context within yourself. Obviously, that can be deeply isolating. These are the kinds of beings as not-self that can really live in a world where they have no idea what's going on, the Marie Antoinette's, "let them eat cake." They have no idea what the hell is going on in the streets; none. There is an inherent naïveté that can be locked into this because they're seeing everything through their own rose-colored glasses, or worse, dark-colored, blinded, whatever.

So, the other side of it, to get out of that trip of just being locked in is to see what's going on in the world. "Oh look, there are people who are up here and there are people who are doing this, and this one has just done this, and this one's gone around the world," all that stuff that's there in the 3rd perspective that's tabulating all of the trial and error that's taking place on the planet.

Specific to Gates and Lines



We have this balance, all of us. And not only do we have a unique way of seeing this way, but think about how complex this is. We're not talking about the gates. What we're talking about is what's underneath. In this particular case we're talking about the 4th color. We're just talking about the view that's there. This is the view of wanting. But we're not talking about the gates that are there. It's not just a general "there's possibility people and probability people," it is about what specific gates are involved as well. Here to see opposition (38th gate) and obstruction (39th gate). They're here to see people who are fighters. They're here to see people that are provokers. They're here to see provocation. They're here to see the roots of struggle. They're here to see those things and in that see what's missing.



But it's specific to the gates. And it's specific to the lines. In other words, when I talk about outer authority, your outer authority is this finely honed perspective. Yes, it has its distraction, but the distraction isn't necessary balance. But you have this beautifully honed specific way that you're designed. Remember, this 38/39 over here is dependent on that environment being correct. Here is somebody whose environment nourishes inner truth (61st gate) and detail (62nd gate). And that inner truth and detail of their environment leads them to being able to have a perspective where they can see the world of provocation, of struggle, of all these things and see what's missing.

This is the magic that each and every one of us carry, that we have this unique way of looking at the world. It also says something, if you can mark that down, if you can draw it out on a map, then the moment that you're not like that you know that there's something wrong, because it's the way you're supposed to see. And the moment that you are operating that way, you know that you're really operating correctly, because it's just a mechanism. And all you have to do is not interfere with that mechanism.

The way in which all of us have been educated and the way in which historically we've looked at our consciousness is this assumption that we are doing something, that our way of seeing, communicating, being aware, recognizing that somehow all of these things are kind of like magical little things that pop out of nowhere. Well, they don't. They're just mechanisms. If you look deep enough in science now—one of them said the other day that they're going to find the gene for free will. You're going to find a gene for everything. That's what we're looking at here. We're looking at an amino acid break down. It's all there anyway. It's just a mechanism.

This thing that you take so personally, your mind, your life, who you are, who you think you should be, all that stuff, is just a mechanism. There's no need to suffer over that. You're not responsible for it. You're not. You're a visitor. It's like showing up and you get into a taxicab and the cab's broken. It's not your fault. You don't have to fix it. You don't have to worry. It's really something to understand about what it is to be us, how messed up we are because we're constantly interfering with what is so perfectly natural. It's all there. All you have to do is sit back and let it be.

And the moment you begin to watch your personality as a mechanism it's quite a feeling. It's the same as having gas, or breathing, or anything else. It's just another bio-mechanism; nothing else, no matter how much you want to personalize it. The only way you can personalize this is through the enthralled audience. I absolutely adore this life. I think it's wonderful. And it's not because it's perfect, because what does that mean. It's a life like any other. It has good points and bad points and high points and low points and pain and no pain and this and that. It's life.

But it's magical when all of that simply operates on its own. The moment I stopped controlling what my life was going to be is the moment that I got my life. It's the moment that I became a clarion. I was never a clarion. All of these things, your



cross, your profile, your “this,” your “that,” everybody thinks you’ve got to get there. You don’t. It takes you if you let it, because that’s what you are. It’s who you are.

The magic of what we can look at today when I go and I do each of your charts, is the possibility that you will see this yourself, because that’s the beginning of the process, to see these mechanisms at that level, the way you’re looking at things, later today the way you’re conceptualizing things. How original you think all that is—this is my mind working this out. And it’s just a pattern. You can see it on a piece of paper, you can point to it. So, you might as well step back a bit and enjoy the theater of that and see where that really goes when you’re not interfering with it.

This is the most difficult thing. When I first started work in Human Design most of what I did was readings. I did readings for so many human beings. What amazed me, because I’ve never been social, I certainly was never interested in people’s problems, was how much people disliked themselves. It astonished me. I couldn’t get it, this deep dislike for what they were and what had happened to them in their lives and this and that. This is not what we’re here for. It’s not what these forms are about. They’re really magical, these things. They work really well. These formulas are really incredible.

It’s not like we have to take responsibility. It’s like those people who want to save the earth. I could kill these people. I could just rip them apart. Save the earth? You’ve got to be kidding. We’re a little scuzz on the surface of this ball. At any moment it could all go whoosh. We’re going to save the Earth? Human beings assume that they have to take control of everything. They do. And everything they put their hands on they destroy. It’s just the way it is.

This is not what we’re about. We’re not here to struggle on the material plane. We are not here to be sickly. We’re not here for these things. The moment that you’re operating correctly, physically correctly, that’s not what you’re about. Your mind might say to you, “oh, but I want more.” Sure your mind can say that. Your mind can say anything. But whether or not you’re going to accept that and do something about it—if you follow your Strategy and Authority you’re going to get what’s correct for you. You may not like what that is mentally, the mind being not-self. “Oh, I wanted more. I thought I was going to be enlightened and sit on a mountain and glow. I thought this meant more. I thought it was going to mean more,” because you had no idea what it was in the first place.

To be aware should be, quote, unquote, “normal.” This is not an exalted state. It isn’t. This is part of the problem. The moment that the mind builds it up into some kind of enormous, incredible exalted state, wow—it’s so nobody feels really bad that they don’t get there. But it’s normal. Being aware is normal. If your mind isn’t involved in trying to control your life you actually become intelligent. It’s an interesting thing. You begin to see things. And you don’t see things caught in the melodrama of what the not-self has brought you, and all the bullshit.

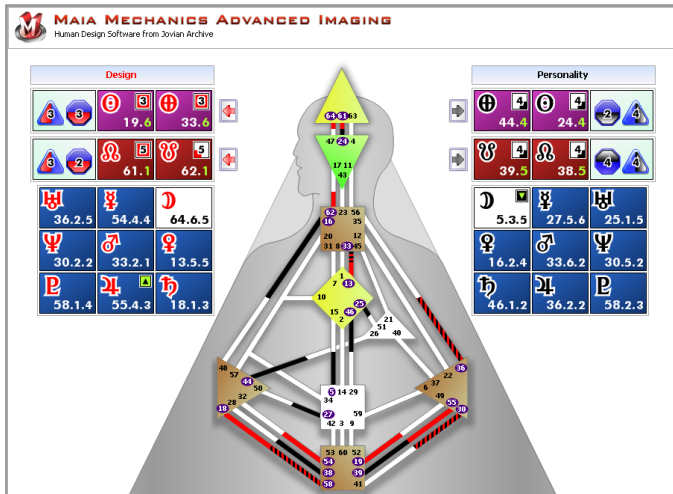


Most people are still stuck on the surface. This design here, I look at this design, all I have to do is just see the open ego. I don't have to look at anything else and I can tell you that the chances are one in a thousand that this person is going to on their own somehow figure out that this is all crap. They're not. Not until they have a breakdown because they've been a slave most of their lives. Not until they discover that all those people that they did all those things for couldn't give a damn about them. And that the moment that they would say "no" then all of those people would react really aggressively with them.

Most human beings are just trapped in their conditioning. They never get a chance to let go. They never get a chance to just let go because their mind is constantly in there saying, "Oh, we have to be afraid. We have to be nervous about this. We're got to be worried about that. We have to take control over that. We're not going to have enough of this. We're not going to get that." And while you're doing all of that, you are absolutely blind. What do you see? You don't see anything; nothing. Not even the things you think you think you're looking at. You don't see anything. You can't. You're making it all up. You're absorbed in that whole process.

Mind isn't for turning off. It's for aligning. It's for correcting it. We have great minds. They're beautiful things. But the mind is not there to be your enemy for life. It isn't. It's here to serve. It's here to express you. This is our medium for expression to each other. It's through these minds. And what we're here to express is that quality of uniqueness that differentiates us from everyone else. All this talk about the collective consciousness, there is no collective consciousness. It's just a smudge. It's made up of three or four ideas that have been rehashed over and over again. It isn't about uniqueness. It isn't about the universal importance of anyone's expression of truth.

The reality is when you get to see how you're designed to experience life in such a unique way it's clear that nobody else can represent that experience but you. Who else is going to share that experience? You can see that. One of the most important things in all of book publishing is biographies. There are more biographies produced every day than people can imagine. We have a deep need to learn from the other. It's designed in us. It's what we're about. There's nothing worse than having a relationship where there is nothing original coming from the other. It's boring. And it's not what we're here for.





You don't get to express your unique awareness if you're conditioned because you're afraid of what people will say. Or you change the way you think in order not to create problems. Or you refuse to get into an argument that you know is going to lead to problems so you just back away from your principles. This is what people do. The little white lies that you tell all the time. This is mind. If you let mind do that you'll never be aware. You can only be caught up in your trip; nothing else.

My point earlier about privilege, very few people get an opportunity to have the time, the energy and the resources to move someplace else in their awareness in this life. It is not something that's just hanging there on trees. It isn't. This cannot be another kind of variation of tourism, because so much of the spiritual world is, it's just tourism. You visit this and you visit that and you try this and you do 37 different kinds of yoga and you go to 19 different masters, blah, blah, blah and on and on and on. This is not about tourism. It's the whole thing about Human Design. It's real. It's a mechanical way to transcend what it is to live on this plane. That's what it's all about. And there you get to live passenger consciousness. There you get to see the beauty of you.

I'm really impressed with this mechanism. It does great. It is a pleasure to just sit back and watch its movie without being concerned about where that all goes, what's going to happen. I never know what I'm going to do. You can already see. I never even know what I'm going to say. I have no idea. I'm not concerned about all of that. I'm well aware of the fact that this mechanism is really good at doing this. And so I listen like you listen. I learn from myself. I've always throughout all my teaching. It's just the way that it is. These are mechanisms.

So here you have a chance to meet your passenger. All you have to do is experience your own distraction and in the moment of experiencing that distraction you have something to ponder for the rest of your life. What the hell noticed? What's noticing?

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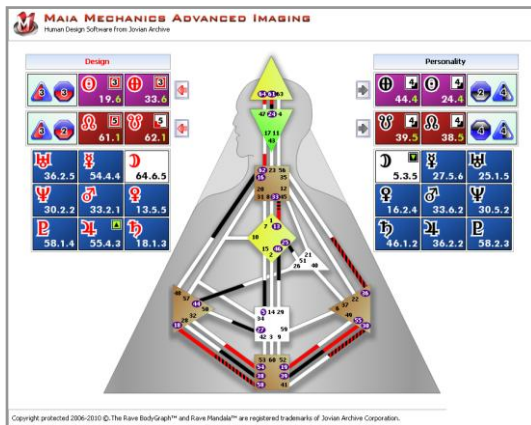




MOTIVATION

Right and Left Minds

Okay, here we go. In a sense we come to the heart of the matter. We come to the potential to conceptualize. When you're looking at the Personality Sun/Earth you're really looking at your mind. And one of the most important things to keep in mind about this is that we're dealing with Left-ness and Right-ness. For example, in this particular case, this Just Now chart, here we're dealing with a Right mind. A Right mind is receptive. A Left mind is strategic. They are incredibly different from each other; incredibly different.



So, if you're a Right-minded person you're here to simply take in and you take in everything. So those of you who have a Right mind that have been sitting here during these two days, you've not simply taken in every single word I've uttered, my

body movements, hand gestures, you've taken in everybody's energy, you've taken in everybody's movements, everything that's been in the frequency, you've taken it all in.

Left-minded people, tomorrow when they think back they're only going to remember what they focused on. So, if you're a Left-minded person and I say something that strikes you, you go to that place and just about everything else that is going to happen is going to go by, which is nice that you have a recording, for those of you that are Left-minded like me, so you can go back and say, oh I didn't hear that at all. The Right-minded person heard everything. The problem with them is they can't go find it.

If you're Left-minded, the thing you focused on that caught your attention that you put into your system you can always go back in your memory and get it. That's the thing that you're focusing on. The rest of the stuff you've long forgotten. If you're Right-minded you're taking in everything but you can't get it out yourself. It takes somebody else to get it out. This is the whole thing about being Right-minded. A Right-minded person, the most important thing to understand is what is the intellectual level of your milieu, because if your milieu is bottom floor, so are you, because that's exactly what you're going to express because it's the only thing that can come



out of you. So, who is in your life, who you're communicating with as a Right-minded person becomes something that's very important.

It's important to keep those things in mind, the difference between being Left-minded and being Right-minded. Those of you who are Right-minded, you never have to hear the recording even though you want to, because Right-minded people are nervous as hell. They think they missed everything. "I didn't get anything." They walk out and go, "I didn't get anything. I didn't get anything at all. What was that all about?" But if somebody the next day asked them a question, it's all there.

So it's something to keep in mind the difference. The Left, you'd better have a recording because you were only paying attention to those things strategically that you thought were important for you to pay attention to, and the other things have drifted by. We're all different. The moment we understand our difference and we live with our difference, everything is okay.

Motivation Brings a Quality to Your Lines

The next thing; when we're looking at the mind we saw in the way in which we see things, our perspective, that our perspective is conditioned by this movement in the Color, this distraction that comes into our perspective. Now, when we're talking about the mind and we look at Color in terms of the mind we're looking at something else. What we're looking at is motivation.

We all have lines. If you look at your design and you've got a gate and a line, everybody has lines. Think about those lines in the way in which an actor or an actress thinks about a line. I've probably seen in my lifetime, maybe two or three or four hundred Hamlets, different Hamlets, different actors playing Hamlet. I've seen high school versions, university versions, film versions, stage versions. I've seen all these—same lines, exactly the same lines, like you and somebody else who have the same line in the same gate. You've got the same lines. But you know you're not the same.

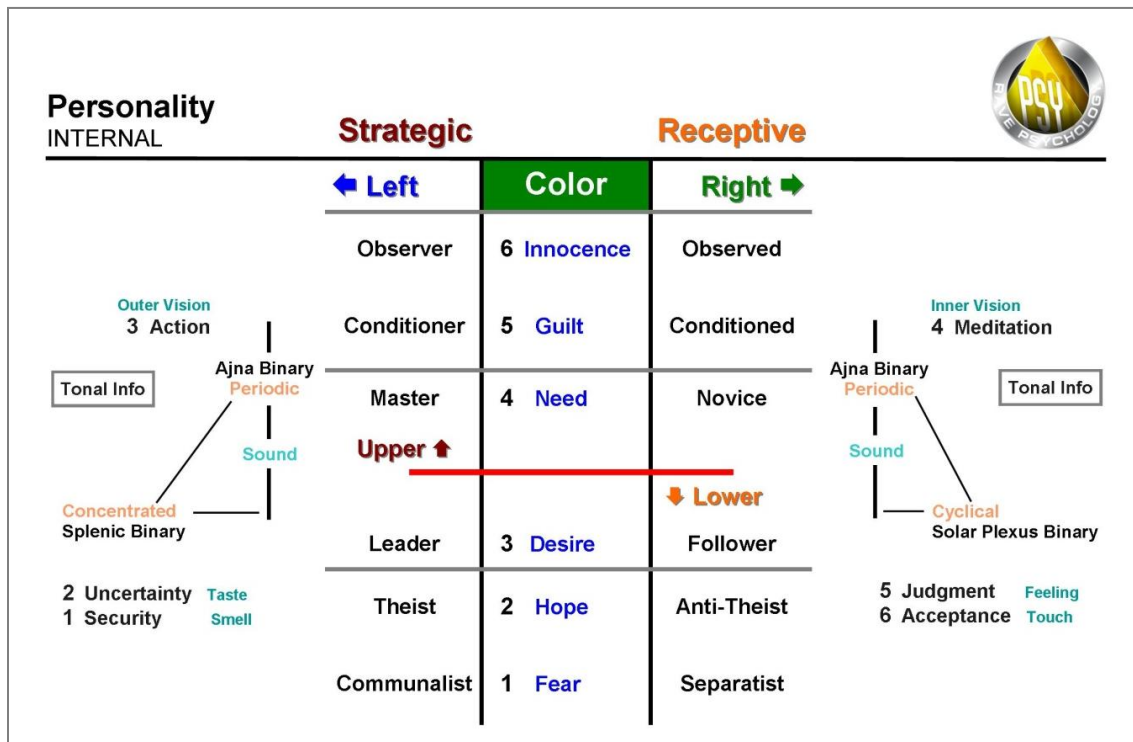
What makes you different is what you bring to the line. What makes an actor great? Who is the greatest Hamlet? People say Olivier, for example, Sir Laurence Olivier, the greatest Hamlet. Why was he the greatest Hamlet? He said exactly the same lines as all the other Hamlets. But, we believed him. We were right there. This was somebody who gave something to his lines that nobody else gave. You all have lines, but what do you bring to them? What you bring to them is rooted in your motivation, because your motivation brings a quality to that line.

If you have a line that says you always do this, the motivation behind it changes the quality of it. It's like when you're saying goodbye to somebody. What's in that? You can be motivated to say goodbye for many reasons. And you can say goodbye, that line, in many ways. It's what's underneath the line.



Seeing Turns into Thought through the Agency of Motivation

And here is where the magic is underneath the line because this is the motivation, what is pushing the framework of the way you conceptualize. We know the way you're intended to see. But how does that seeing turn into thought? It turns into thought here. And it turns into thought through the agency of motivation. But like I showed you this morning, Color on the Personality side transfers, and motivational transference has our world upside down. Let me show you how that looks.



Motivation Transfers

Like all of these formulas that we're looking at, it's a 6, so we're looking at the very bottom down here in the middle under Color. We see the very bottom is fear and it's moving all the way up to the 6 to innocence. These are six themes of motivation. But again, these motivations transfer. So for example, if you have a fear motivation you're here to be motivated by fear, and again I'll explain that so don't jump to conclusions. You're here to be motivated by fear; your transference is to be motivated by need.

Okay, so think about the nature of the world. Let's take a look at somebody for example—the vast majority of people on this planet who are going to have the 1st Color, that their motivation isn't going to be fear. Their motivation is going to be



need, and it's going to be dumb need, because it's not going to be cognitively driven. In other words, the moment that your motivation goes into a transference you end up with very empty concepts, concepts that simply cannot work.

1st Motivation: Fear

So, let's look at first of all these six different motivations so you have a sense of them. The 1st motivation is fear. Now, you'll notice something really interesting here. On either side of these Colors we have keynotes. So for example, on either side of fear, on the left side we have communalist and on the right side we have separatist. These themes are about something that's called trajectory. I don't want to give you too many complex concepts to work with, but this is something to keep in mind. Trajectory is very important for us because it tells us, it shows us, those moments where our Personality, our mental process, is moving in the right direction.

Trajectory

So, let me give you an example. Let's say that you have the 1st Color, and let's say you have the 1st Color and the 1st Color is Left, it's on the left side. What that's going to mean is that you're going to move from being a separatist to a communalist in your process. In other words, whatever you are, you start on the other side, the opposite side, and move towards what you're intended to be.

So for example if you're fear and you're on the left side so that it looks like you're supposed to be a communalist, you're not. You're starting off as a separatist first and moving towards being a communalist. In other words, this is your trajectory in the way in which you conceptualize, in the way in which you form concepts. And I'll give you actual concrete examples when I look at your individual designs.

Motivated by the Unknown

So let's start with fear. What's fear all about? To be motivated by fear is to be motivated by the unknown. This is the foundation of conceptual intelligence. This is really what intelligence is about. Intelligence is, "I don't want to be afraid. So let me understand." So this is what this fear means. Don't get stuck in the sense that you're being motivated because you're afraid of something. Yes, obviously there is some component of that, that can be in that. It's not really what it's about. What you're afraid of is what you can't understand.

Remember, this is the mind. It's the foundation of the mind. Lift up every rock, look and see what's underneath. Keep on digging until you have all the information. This is the foundation of conceptualizing. So these are beings that are motivated not by what's knowable, but by what's unknown. In other words, this is about trying to



understand things. So these are natural learners. In other words, it comes very natural for them to develop a concept. They're going to have to do their research. They're going to have to dig in; all of these various things. But they're motivated to understand, to make sense of, and to know in the language of the circuits in Design.

2nd Motivation: Hope

When you get to the 2nd you get to something really amazing. Again, I have this thing about the 2s, not that I have very many myself, I don't. But they're fascinating to me because built into our system, built into what this mechanism is, is a way of dealing with the surprise of mutation. The 2s are always capable by blocking off so many things. It's like you can only look at the Sun by filtering off many other frequencies. This is what the 2 is always doing. It's filtering away other frequencies in order to see something that others can't see. What it can see is the motivation of hope. The motivation of hope is a beautiful thing.

It's like the Chinese general who when asked about his enemies said "I'm fine. I will sit by the river and wait for the bodies of my enemies to float by." In other words, hope is knowing when not to act, when you don't need to act, when you don't need to take responsibility, when you don't need to jump in, when you don't need to push the river.

Now, think about what happens to somebody who is 5th Color, the guilt, and they're in transference to hope. This is the dumb hope. It's not backed by cognition. It's not correct because it's a transference. And these are the people that say, "I don't have to worry; I'm going to win the lottery." And they never win the lottery. They are never correct in that false hope of theirs that it's going to be this or that. So the distraction can be quite painful. Each and every one of these, when you see them in transference, you get the negative side of their positive.

The 3rd Motivation: Desire

The 3rd Color is desire. One of the things to really grasp about being driven by desire is that the mind is powerless. The whole thing about the nature of desire as a motivation is that it is entirely overwhelming and it is always the desire to move everything. 3rd lines, 3rd themes are always about the material plane, always about dealing with the material plane. You can see the themes here of leader/follower. This is all about organizing things, getting them organized, trying to get them to work. And being motivated by desire is obviously something that's very, very powerful.

Its transference is innocence. So let me give you a classic example of how distorting that can be. My Color is desire. So it's natural for me to lead. In terms of my design, I'm an integration individual with an undefined emotional system, undefined Sacral, undefined Root, undefined Head center. So I have an undefined emotional system. The not-self strategy of an undefined emotional system is to avoid confront-



tation and truth. The transference in my motivation is away from the desire to lead and becomes innocence; not me.

So one of the easiest things for me to do in my life before all of this happened to me was say, "I don't know; it's not about me. It has nothing to do with me." And because I'm here to perceive through the personal, not only it wasn't about me, I didn't even see it anyway. I didn't know my marriages were collapsing. I didn't know that anything was going on. And it was so easy not to get involved. "No, I don't want to get involved." The moment that I don't want to get involved now, boy there would be something seriously wrong with me.

But it's something to understand about the power because it changes the way you think. And when you're not-self and you're in transference, your motivation is running your life. My life was being run by the innocence theme with no intelligence behind it, which is just simply saying, stay away from everything, and don't get involved. Don't get involved; period. So I didn't get involved. That's what my mind told me to do; that's what I did.

So, it is something really, really significant when you begin to grasp what this motivation is, because if you allow it to go into the transference, everything that you're thinking is rooted in that. And obviously, it sets you off on the whole not-self journey.

The 4th Color: Need

Okay, you get to the upper half, you get to the 4th Color and you get to need; to be motivated by need. To be motivated by need is very specific. In other words, think about what you have to think about. Think about what needs to be thought about. Don't think about everything. Leave that to the 1st Color people. It's their job to deal with the unknowns. It's their job to figure all of that out.

The 4 is here to be motivated by what's necessary to think about. Now, one of the great diseases on our planet is that 70% of humanity has an undefined Head center. 70% of humanity think about things that don't matter. It's one of the real problems we have on the planet is that you've got all this thinking about stuff that doesn't matter and it really doesn't matter.

One of the things to see about being a 4th Color person, the 4th Color person is here to think about what needs to be thought about. It's not here to think about all this extraneous stuff. And remember, do without doing and everything gets done. It's not like you have to try to be this. You are this if you allow it to happen. This is the key.

Remember our program today is to be passengers. Transference is the easiest thing to see. It's easier to see than distraction because it's the ultimate conceptualizing



process. And when you see your mental transference at the conceptualizing level you really know you've seen something. And again the question: Who's watching?

But understanding what you're getting to see is how distorting it is when you transfer in your conceptualizing, the whole way you think. That's why if you follow your mind and you let your mind tell you what to do, you can really see how stupid you are. Once you understand all of this, the idea that you can trust your mind to tell you what you need to know, you can't do that.

Anybody who is relying on their mind to tell them what they need to know is automatically in transference. Not only that, they're distracted as well. They're not seeing what they're supposed to see. They're not where they're supposed to be. They're not nourishing themselves the way they're supposed to. They're not going to have a concept that is correct, nor is it based on what they're truly here to see. It's not you. It's not them.

The 5th Motivation: Guilt

The 5, guilt; people don't like this name. This keynote is always funny to me. When I first introduced this one I was doing the beginnings of Rave Psychology. These are fixers. If you've got the 5th Color, you're motivated to fix things.

Now yes, guilt does become a part of it. I'm a 5th line; genetic continuity through the numbers. I'm a 5th line. I make my students feel guilty for being ignorant. I do. It's part of it. You're privileged and you should feel real guilty that you're not doing something with this privilege. It's built into what any 5 is going to do. It is how universalizing works. If you don't make them feel guilty, you can't them to fix it.

So, these are fixers. They're the ones who are motivated to get things fixed. And this is what they think about. "How can I fix it?" The dilemma is that most of the people that are living out this motivation are living it out in transference. They're supposed to be hope people. They're not supposed to be thinking about how to fix things; the idiots. They're supposed to be there thinking about the way in which it's all just going to unfold; bless the miracle of life.

If you're designed to be motivated by guilt, you're designed to be that fixer. Think about what happens to these people in transference. The 2 that is transferred to the 5. They don't know what to fix. They don't know how to fix it. They hope it gets fixed. But it doesn't mean it's ever going to be fixed. And it doesn't mean that anybody is going to deal with that because again outer authority is about the other. You're seeing as a way in which you can bring your uniqueness and your perspective to the other. You conceptualize it, package it, so you can deliver it to the other. But if the motivation isn't there, if it's not correct, then the power of what it is that you're here to reveal is lost. It's just lost.



So, if you're going to have a 5th Color, this is what it's all about for you. It's about understanding that you're here to think about how things have to be fixed, whatever it happens to be. And again we'll see it's always going to be related to the gates that are involved. It's going to be related to the lines. There are all these sub themes. But this is the larger framework to understand what your mind is good for. If you're a 5th Color we know what your mind is good for. It's good for thinking about how you fix the things that you've seen. After all, it's based on your perspective. The magic is seeing the transference.

Transference is Not Bad

I remember when I first started this with the Rave Psychology students. They all basically saw it very quickly, because you do. Once you understand this binary you can see it very quickly. And they said, "But I can't get rid of it, the transference." That was the best joke for me, because I said to them, "The point is not to get rid of it. The transference is not bad." Again, you have to see our binary nature. We need a counterbalance. Not all things can be fixed. Sometimes you do have to have faith. Sometimes you do have to hope.

None of these things can stand on their own because we're dealing with this conceptual maia where everything is a binary. And it's one of these things to really grasp about us. The thing is to see the transference, to be aware of it, because this is what's important. The moment you're aware of the transference, you've already stepped into another level of consciousness. It is that observer that is seeing the transference and for the first time you're separating from the mechanics of your Personality and actually observing it. You're watching it at work.

I see those moments almost every day, because again, mind is mind. I watch my transference all the time. There isn't a day that doesn't go by where my mind says to me, nah, don't get involved in that. How easy it is for my mind to go to the transference and say, don't get involved. And of course, there is an advantage for me that the transference exists. If it wasn't for that, not everything has to be confronted. In the same way as a Manifestor I don't have to inform everybody about everything. So there is a balance in a sense that can come into it.

But again, I watch the transference all the time. It's always there. It never goes away. The gift is seeing it, because every moment that I see that is another affirmation of how powerless and helpless and choiceless I really am as a being. I have no control over those mechanisms. Those students of mine who wanted to be able to get rid of the transference, you can't get rid of the transference. It's just a mechanism. All you can do is see it for what it is. And all you can do is understand what is correct for you in the optimal sense mechanically and to watch it emerge, because again, you truly do not have to do anything.

The worst thing you can do with this kind of mental information is to try to work with it instead of experiencing it. Once you understand the basic binary of your transfe-



rence, just wait, you'll see it. You won't miss it. You can't miss it. It's the front of the frame. It's the way we conceptualize everything. And the moment you see that you can begin a process of really liberating yourself because you're no longer responsible for what happens in that process. You're not responsible for what your mind is conceptualizing. Think about that. What an incredible thing. We're not responsible for that.

It's not like we're directing that. This is simply what existence is and how we are interpreting the existence. But we're not controlling it. We're not deciding to think this way or that way. It's just built into us. It's just about seeing it. To see it is really to transcend it. This is what it's about.

The 6th Motivation: Innocence

When you get to the 6, the 6 is innocence. Innocence is an interesting thing. Everybody that is born with a transitional profile, that is, if your profile is a 1/4 or a 2/5 or a 3/6 or a 4/1 or a 5/2 or a 6/3, those six transitional profiles, you all have Personality Sun/Earths that are 6th Color. It's an interesting thing to think about. All the transitional profiles, every single one of them have the 6th Color as their motivation.

Now, these are the bridging profiles. They're the links in the chain of all the profiles coming together. And every single one of these bridges is rooted in a bridge that is rooted in innocence. Now, I want you to think about profile as the world genetic pool and the way in which information works in this genetic pool. In order for the information of the 1/3 to get to the 6/3 it's got to go through this whole chain of profile, this movement as we see it as it moves around the wheel.

Innocence is Not a Motivation

The thing to recognize about innocence is that it's not a motivation. That's the first thing to understand about innocence. It's not at all a motivation. Think about what happens if you look at the nature of the world around us. The nature of the world around us is that innocence is supposed to be without motivation. All the people that are born on this planet—oh, I was talking about the transitional profiles, innocence, right, okay, here is the bridge. Is the bridge going to be innocent? Or is the bridge going to be loaded with desire?

Every transitional profile has a 6th Color as its motivation. So if all the bridges are correct, they are innocent bridges. They don't have motivation. They don't have an agenda. That is, the 1/4 will pass the information of the 1/3 to the 2/4 innocently. That's the way we're designed. We're designed to have this innocent chain of communication, but we don't have that. We have a world that lives in transference, which means that all of those 6th Color transitional profiles, all of them are transferred to the other side; desire.



So, the 1/4 either is going to want to give an advantage to the communication of the 1/3 or an advantage to the information of the 2/4, it's going to change the way in which the bridge works because it's going to be motivated differently. And it's going to be motivated to control, to lead, to decide who is going to be first and who's going to be last. That's not what we're all about.

So the way in which the whole community of our species, the links that are there in all of humanity, the bridges that are there, it's all rooted here in this 6th Color of innocence. So innocence is something that's very special. It is without motivation. This is the thing that makes the 6 not only special but interesting. It's why it has that quality in the continuity of what 6s are about to be the role model, to be something that's trusted because there is no motivation behind it. There doesn't appear to be a specific agenda that's pushing it. That's innocence.

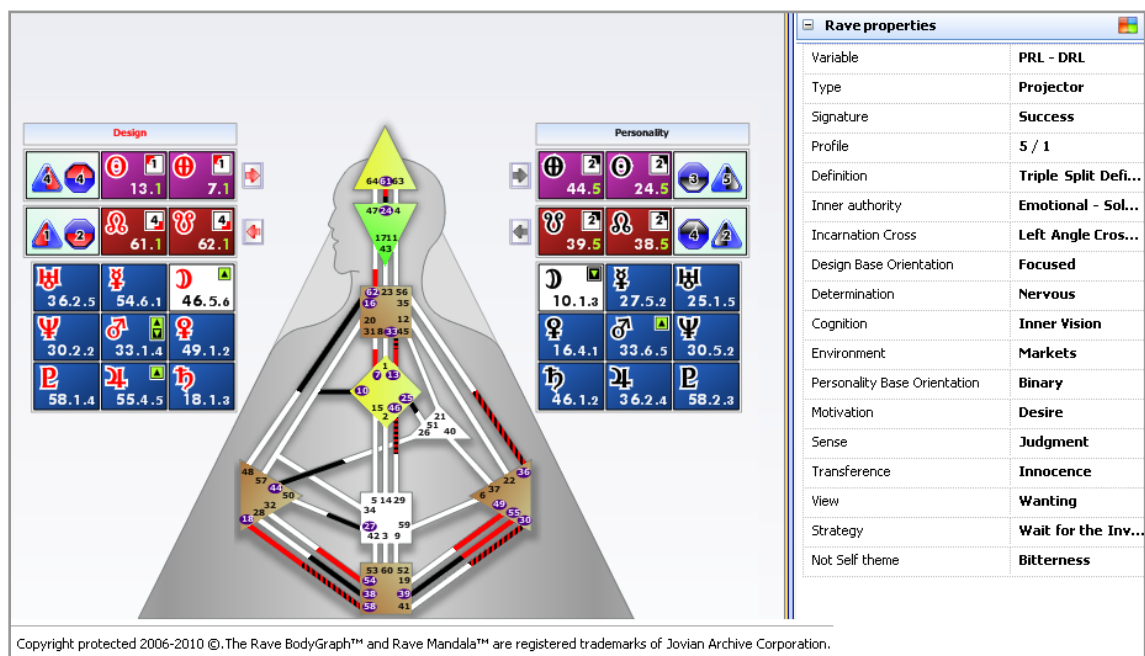
The classic example of the fool, the innocent that can reveal the truth, that can be the source of wisdom, this is innocence without motivation. Now what that says is something also interesting about the mental process. In other words, thinking is not a byproduct of a "because." It's just there. There is no real reason for it to be there because there's no legitimate motivation.

What happens to these beings who are not-self, who are in transference is that they're constantly trying to conceptualize through desire. And it's the last thing that they're supposed to be doing in this life. And obviously the way in which they're thinking, being driven by desire takes them away from the basic power that is there in their design. Their trajectory of whether this whole thing about observation, the whole thing about being seen, everything about the 6 is that they are innocent in their process in the sense that they're innocent in the way in which they operate in relationship to everything else. They're just in their own thing. This is the innocence. Like the personal in the perspective of the 6, they're really just in their own thing.

And yet at the same time, it is a frequency that draws others. It is a frequency that draws others because of its innocence, because of the uniqueness of its perception, because the fact that it doesn't seem to be connected to the various power forces that want to move you in one way or another.

Tone: The Source of Our Cognitive Architecture

So we have these themes of motivation or in the sense of the 6 the lack of motivation. Behind all of that, we have Tones. Behind this construct when we look at the way in which it works here you can see that here is somebody that's 3rd Color so this is somebody that's here to be motivated by desire, they have transference to innocence. But underneath you can see that they have a 5th Tone that is there. When you're looking at that Tone, it's called sense in the properties and you can see that this is about judgment.



When you're looking at Tone please understand Tone is the source of our cognitive architecture. It's Tone that literally gives us, within our design, the potential to be intelligent and aware. So when we're looking at this 5th Tone, again it's sensory. If we were talking about it in terms of the body we would be talking about auras and electromagnetic frequencies and whatever. Here we're talking about something that is called judgment. These are beings who have the sensory capacity to be able to judge and to be able to judge what should be desired, what desire, what kind of desire, but not only that but the judgment is inherent in the concept. In other words, these are going to be very judgmental concepts. They're going to be rooted in judgmentation.

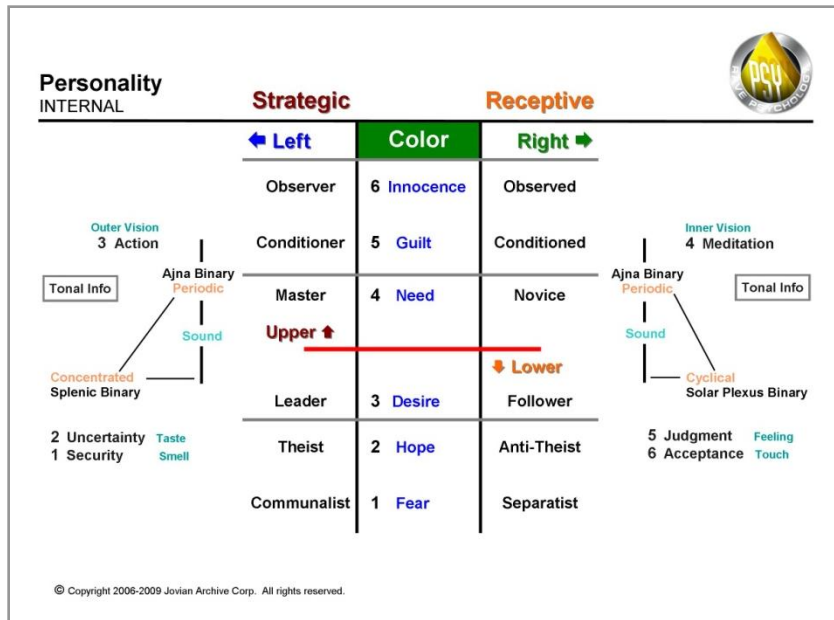
Now obviously, if that person is in transference, if that person is not-self they never get the advantage of the cognitive potential that's underneath. The other thing is that judgment cannot be separated from auras and electromagnetic fields. In other words, that capacity to judge that is there is taking advantage of those sensitivities as well. But it's concretized in terms of the way the mind works what we would call being judgmental.

So this is somebody who's going to be judgmental in the way in which their desire motivates them and motivates them to conceptualize about two things, the gates that are there, to conceptualize about how you manipulate people, the 44, to conceptualize about how you rationalize, how you can rationalize things through the 24. In other words, they're specific themes where their specialty in conceptualizing operates.



The 1st Tone: Security

So if we're looking at the Tonal information you can see that the Left Tones over here on the left side, rather than looking at smell and taste, the teal colors, and outer vision, we are now looking at the larger keynotes here in the black, so the 1st Tone is about security. So, the intelligence of the person is rooted in security issues. If they're 1st Tone, these security issues are important.



And remember something about security issues. I'm not just talking about keeping your house safe. It can be about your body. It can be about all

kinds of things. It's really about—again, it's 1st line—it's getting down to dealing with the unknown and dealing with ways to protect oneself. It's connected to the immune system. It's usually health oriented. There are all of these aspects that are there.

The 2nd Tone: Uncertainty

The 2nd tone is uncertainty. Now again, my fascination with 2s, the uncertainty principle is alive and well here. This is the intelligence that's there, the intelligence to recognize in the uncertainty of things that there are things that can be found. One of the things about the 2s is they know that if they filter well enough, they can get to a place where they can get what other people can't. They can get access to what they need to get access to because they're always waiting for some kind of call to come.

And of course, here that uncertainty is going to be a question of taste. Now, it's not going to be taste in the way we saw it in the body. It's going to be taste in the way we talk about it culturally. The taste for this, the taste for that, the taste for opera or the taste for rock or whatever the case may be.



The 3rd Tone: Action

When we get to the 3 we saw in the body, this is outer vision. When we're dealing with the mind, this is about activity. Now, this can be very difficult. This is a strategic mind whose intelligence is rooted in activity, which means that the understanding of action and the conceptualizing of actions become very strong in this kind of mind. So this is the kind of mind that says, okay we can take this step, this step and this step and we'll get there. Let's do it. And it's very easy for a person to surrender to that and think that their mind is really able to do that for them.

So, it's something to grasp. But it's very important that we have those that can do strategic action analysis. And that strategic action analysis that ultimately is for the other. When the other says to you, "What can I do?" that's when your outer authority comes out. My standard comment, I have a delicious mind for you, I have a ridiculously stupid mind for myself. It's just the way that it works. But outer authority, yeah, outer authority, here it is. This is what we're all here to deliver is this outer authority.

So here this is the conceptualizing of action. This can end up being a teacher. This can end up being all kinds of things where you show people what steps to take, how to do things. It all becomes part of the conceptualizing and again will be routed to the specific gates. In other words, it'll get honed in.

The Right Side

The right side is so different. Everything about the left is strategic. So everything about the left is, "How do I take advantage of a piece of information?" Everything on the right is, "Did I take it in? There's no idea, there's no measurement. While the Left is looking at something it's measuring its intensity. "Yeah, yeah, I got this thing. I'm really focused on it. I'm really honed in. I got it. I got it." The Right is just flowing by. They're like my dog with its big ears in the wind, just going by.

What happens is that you get very uncomfortable. You get very uncomfortable with proof. This is the thing that's so interesting. It's why the educational system is disastrous for Right-minded kids because the educational system says, "Show me what you've learned. Show it to me. Tell me what you've taken in." And of course, the ways in which they do that don't necessarily work to the advantage of Right-minded beings.

Right-minded beings are taking all of this stuff in, but they have difficulty in being able to access it so they don't realize how much they've taken in, how deep all of that is. They're insecure in those situations where they're going to be tested, insecure in those situations where "do I really know that?" and they drive themselves crazy. They study until the end of time. They basically die trying to be Left, to hammer it in, to focus it, to build a track to grasp it.



I tell people every day of my life to love themselves. It's a very difficult thing for people to do because if you love yourself you trust yourself. And if you trust yourself you love yourself. Part of following Strategy and Authority is to learn to see that you can trust. You can trust your own authority. And out of that trust really comes a sense of love. If you're a Right-minded being, you have to trust in your depth. You have to trust that what you need is there. The key to being Right is pay attention; be present. This is the most important thing for Right-minded people: Be present.

It doesn't matter whether you're at the checkout counter, in the pharmacy, it doesn't matter what's going on in your life, be present, because that's your gift. Your gift is that in your presence you're taking everything in. The other side of that is just fundamentally social. With the right people in your life you will get to see your depth come out and you get to appreciate what you've been able to take in, in your process.

I'm somebody who has a totally unconscious mind. So I've had to learn to trust myself as a teacher. I don't think. I don't work out what I'm going to teach. I don't know any of these things, but I've learnt to see that the mechanism works. You've got to trust your mechanism as a Right being. You've got to trust it. And it won't disappoint you.

Those things that you take in that you feel like I need to be able to have access to them, don't worry about that. You only need to have access to it when it's necessary. And when it's necessary, it will be there, so don't worry about it. Wait and see it happen so you can get more and more relaxed with what you are. But be present, because if you're not present you're not taking in all that data. And that's really what it's all about. Take it all in. And then wait for it to come out. It will come out.

The 4th Tone: Meditation

So when we're going to going to the right side and we're going to the cognitive things on the right side they're very different. They're about where we're going in our future. They're about a new quality of sensory awareness that is developing in us. It begins with this theme of meditation. We saw this in the body as inner vision, closing your eyes. This is not about meditation in the sense of Hindu Brahman traditions of techniques for meditation. It has nothing to do with that.

Basically what it has to do with is that it's the opposite of action. In other words, this is not a mind that's there to be busy strategically processing something. It isn't. This is a mind that's just allowed to have its prana. In other words, let the mind be. Just watch it. These are people that are here to watch their mind. They're the ones that are actually designed, best designed, to actually see their minds, to see the mind unfold in front of them, the kind of things we're looking, the transference, being able to see these mechanisms because this is a totally different way. This is not about working on something. Meditation is not about thinking about a specific thing



or being locked into a specific theme. It's just about allowing the movie to move across the screen.

There isn't anything else, because in fact, you're only waiting for somebody to focus you. This is the whole thing about being Right. You can't live without the Left. You can't live without the focus ultimately being brought to you. It's not inside of you. It's got to be brought to you. It's brought to you by the other. So it is the other that takes advantage of your meditative frame. In other words, the fact that your mind is open and moving, they can tap in at any level of that mind and you can deliver. It's the magic of what Right really is.

The other thing of course is that the meditative mind, and again, this is whatever the conceptualizing theme, the motivation will be, the meditative mind is not concerned with the outside anyway. The outside is just simply what is the food of their process. But everything is an internal process. It's all going on within the world that is created within their thinking process. It's why it's so important for them to watch that mental movie because it's the mental movie where all of their stuff is really being lived out.

The 5th Tone: Judgment

When you get to the 5, as I said you get to judgment. There is nothing more powerful. Think about what we looked at when we're looking here at the 5th Color. We saw guilt. When we look at the 5th line we see universalization. What we're seeing in these themes is that these themes are there to set things, fix things, and change things. It's also the heretic. It's about setting new standards. It can be very forceful in that way. The judgmental minds are very powerful. And if you think about them in the language of the number, the language of 5s, that judgmental minds are heretical. The judgmental minds are going to have a universal impact. They can be practical. They can create suspicions, all of the things that you get out of the 5 themes.

So, it's very important to understand that this kind of mind, this kind of intelligence, is always going to create an edge. I've been doing that all my life. I'm a 5th line heretic. I'm a real heretic. I'm a living heretic. You create an edge. There are people who always love me and there are people who can't stand me. And it's just the way it's going to be. There is always going to be an edge because that's the moment that you bring 5-ness in. The moment you've got somebody with a judgmental mind, they bring an edge.

Now, whether their judgment is correct or not is never the point. It's their judgment. It's a matter of respect, after all. But it's simply something to understand about this kind of a mind that if this is you, you're here to bring this judgmental quality to your thinking, you can never afford to hide it. One of the things about the mind is that the mind looks at itself and wants to re-create its story, wants to develop us in the way in which it thinks we should be and all that stuff. You hide things,



you don't say things, and you bury things. This is an aspect of intelligence that within the not-self doesn't come to the surface very often. The only way it comes to the surface is as a negative, as a negative judgment in somebody who is not correct, just simply being able to lay down a statement that says that's bad doesn't mean that that's a legitimate outer authority.

When it's legitimate outer authority, people will take it. Remember this is Right. They have to ask for it. They have to ask for your meditation. They have to ask for your judgment, because this is the Right mind. It's how you're going to put this out. It's what the other is going to get when they ask you something, when they engage you in dialog, when they engage you in communication.

So, if you're a judgmental mind you have to see—you're a Right being—when the other is pulling that out of you, let the judgment come out; otherwise, you're really going to be unhealthy. This is deep repression if you don't let that out.

The 6th Tone: Acceptance

And finally we get to the 6. We saw in the body this is connected to the sense of touch. Here the theme is called acceptance. 6s are very unusual. The whole thing about the 6 is we've already seen that if you look at the 6th Color it is innocent. If you look at the 6th line it's the role model. They're all outside of things. They're not connected to what's going on. They get outside of it.

Remember, 6s have to go through all the shit in the beginning of their process. They spend a lot of time having problems, making mistakes, going through all kinds of things until they can finally get themselves out of all of that and get out of the whole thing, all the ways that people connect, all the games, all the crap, they simply get out of it, go into their own thing, live their own unique process.

This acceptance is the key to transcendence in the way in which we come together as a community. It's one of the things that we were talking about during the interview. That is, the thing that makes Human Design special is that when you meet somebody through Human Design you can only accept them for what they are. What else can you do? You look at their design and you see what's there and that's what's there. And it's one of the most beautiful things about this, because it's a way in which we completely can respect another human being without putting any of our stuff on it. You are what you are. This is who you are.

The Acceptance of What Is

And of course, when you're dealing with this at the level of this kind of cognitive potential, this acceptance, this is really what it's all about. It is the acceptance of what is. It is the acceptance that there are things you can do nothing about. It's what I love when I do partnership analysis, the channel of compromise. Compro-



mise is one of the great bitches of all time. One person has half the channel; the other person has the whole channel. The person that only has one gate are always going to compromise to the person that has the whole channel. There is no way that you can ever change that. There is nothing you can do about it. Not only that, even when you know what it is, it's still terrible. You can never do anything about it.

And you see, the most incredible thing about that is if you can accept at that level, boy have you made a step, because this is what it's all about. Relationships are the most complex things in the world. It's my standing joke. My partner has the 17/62. I have the 62. It's the channel of an organizational being, the logical mind, the whole thing. She has her own opinions and she has her own facts. All I've got is facts. I don't have any opinions. Now, I've known this woman 27 years and I have never ever, ever won an argument. It's not even possible to even think about winning an argument. As a matter of fact, within the context of our compromise I've always been an idiot, a lifetime of being an idiot. There's nothing you can do about it.

It's not like I could win any of those arguments, because you can't because it's just the channel. It's not like there's something you can break and fix and pull apart and yank and repair. You can't do anything. You look at it and go, all right, because in the end it's just a weighing thing. You say okay, you have this and you have this, and there's more of this than this, all right. And then you let the other human being be what they are because there's nothing worse than having somebody that you're connected to in this life saying that you should really change that. Yeah, sure, right, I'm going to do that for you. Let me have a heart transplant for you.

This is the whole thing about understanding what real acceptance is, that when you get to this level it's about recognizing that we have to respect each other, because there is no hierarchy in awareness. There's none. There's just unique intelligence. There's no hierarchy in that. There's nobody better than anybody else, or less, or this or that. There's nobody that has something more important to share than somebody else, because it doesn't. It may seem that I have a lot that I can share. But each and every one of you have the same thing in a different dimension, in a different thing, whatever that thing happens to be.

And unless that comes out we don't all gain the advantage of it. What you gain as an advantage from me is an advantage I can gain from each and every one of you because this is the way it's supposed to be. And it begins with that acceptance. It begins with a simple understanding that we are a fixed mechanism, at least in the way in which we're constructed. So, let's let that work the way it's supposed to work, instead of constantly trying to interfere with it and make it something else.

This technique of watching your transference or watching the distraction, it's there to constantly remind you for now, for the rest of your life because you'll see it all the time now, you'll never not see it again. And it'll keep on reminding you of the joke. You don't have to be in charge of all of that. The doing truly gets done. Let it get done. And then you take from this life whatever is truly there for you.



We all have a different road that we follow. We all have different geometries. There are no generalizations about what it's like. I can remember when I started with my students and I told them that it would take seven years to go through the cellular process, they would ask me what it was like, and I'd say, I don't know. How am I supposed to know what you're going to be like in seven years when you decondition? It's your thing. I don't know what that's going to look like. Nobody does.

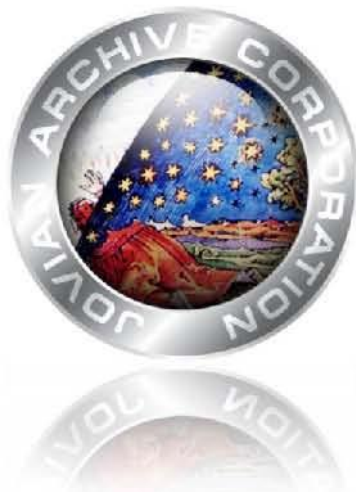
Living Design and Enjoying the Ride

This is the magic of what it is to be involved in something that's about you and not about "we" or some kind of larger this where we all have to wear the same costumes and do the same dance. It's not about that. It's the magic of what's possible when each of us gets to live out the flowering of our uniqueness. That's what's really here. It's not about changing anything. It's not about repairing anything. It's not about working at anything. This is about living. This is about living Design. This is what you do. You breathe. That's all.

And the breathing isn't something you're in charge of anyway. It just happens. Just follow your breath and let your breath remind you that this is all there is. There is just this mechanism. There's this prana. This prana is moving and moving and moving. It's the way it goes. If you're going to get stuck in all the nonsense of how all this works, what a pain. You miss the whole ride.

It's like being given a beautiful tour of some incredible place and you spend the whole time reading a book. You don't see anything; nothing. You miss the whole story. And the book you're reading is how to enjoy traveling. The madness of what it is to be a human being. We're here for the trip. We're really here for the trip. And if you throw the book away, if you throw your mind's whole long story about this, you can throw it away and you can actually enjoy the ride. And the ride is the thing

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